

os	rsal	Nombre	Tiempo	5,3 km 145 m		14 C											
				1(64)	2(58)	3(66)	4(37)	5(40)	6(77)	7(35)	8(48)	9(78)	10(73)	11(36)	12(69)	13(70)	
				Meta													
F-Absoluto (9)																	
1	28	NUÑEZ CANOVAS JOANA ALCALÁ UNIVERSIDAD	1:13:18	4:32	7:14	19:19	23:21	27:01	28:09	41:34	43:24	48:13	49:46	57:06	1:09:38	1:11:38	
				4:32	2:42	12:05	4:02	3:40	1:08	13:25	1:50	4:49	1:33	7:20	12:32	2:00	
				1:13:18													
2	18	ARELLANO DEL VERBO GE COMPLUTENSE UNIVERSID	1:16:12	4:23	7:35	16:46	20:45	24:17	25:51	33:29	49:09	56:04	59:13	1:07:17	1:11:26	1:14:32	
				4:23	3:12	9:11	3:59	3:32	1:34	7:38	15:40	6:55	3:09	8:04	4:09	3:06	
				1:16:12													
3	16	DE DIEGO DE SOMONTE CA COMPLUTENSE UNIVERSID	1:56:39	6:45	9:43	26:52	32:41	36:58	38:15	1:11:40	1:22:13	1:27:38	1:31:41	1:41:53	1:51:12	1:54:52	
				6:45	2:58	17:09	5:49	4:17	1:17	33:25	10:33	5:25	4:03	10:12	9:19	3:40	
				1:56:39													
4	19	VALVERDE LOPEZ PATRICIA COMPLUTENSE UNIVERSID	2:09:09	12:13	15:42	38:45	44:47	48:51	50:08	1:00:08	1:25:36	1:34:22	1:43:47	1:54:36	2:03:44	2:06:55	
				12:13	3:29	23:03	6:02	4:04	1:17	10:00	25:28	8:46	9:25	10:49	9:08	3:11	
				2:09:09													
5	17	PEÑA DOMINGUEZ AITANA COMPLUTENSE UNIVERSID	2:23:31	17:47	24:28	36:48	42:13	1:01:02	1:04:51	1:18:58	1:25:21	1:33:41	1:38:04	1:49:01	1:57:00	2:20:59	
				17:47	6:41	12:20	5:25	18:49	3:49	14:07	6:23	8:20	4:23	10:57	7:59	23:59	
				2:23:31													
30		LOPEZ CHACÓN CHARO UNED UNIVERSIDAD	andona	41:52	55:46	1:20:46	-----	-----	-----	-----	-----	-----	-----	2:00:52	-----	2:29:56	
				41:52	13:54	25:00											29:04
				2:33:08													
				0:36													
29		PUENTE PUENTE ISABEL ALCALÁ UNIVERSIDAD	No sale														
24		BOTICA ARTALEJO ELENA POLITÉCNICA UNIVERSIDA	No sale														
25		SUAREZ RODRIGUEZ Mª DE POLITÉCNICA UNIVERSIDA	No sale														
M-Absoluto (20)																	
				6,2 km 180 m		17 C											
				1(59)	2(50)	3(63)	4(62)	5(65)	6(66)	7(45)	8(44)	9(67)	10(31)	11(35)	12(48)	13(38)	
				15(69)	16(70)	17(100)	Meta										
1	12	RUIZ DE LA HERRANZ PIDA COMPLUTENSE UNIVERSID	36:43	2:25	3:52	6:29	7:20	11:30	12:47	15:54	17:44	18:20	20:52	22:12	23:46	26:02	
				2:25	1:27	2:37	0:51	4:10	1:17	3:07	1:50	0:36	2:32	1:20	1:34	2:16	
				33:50	35:35	36:26	36:43										
				2:41	1:45	0:51	0:17										
2	11	SÁNCHEZ DORADO COSME COMPLUTENSE UNIVERSID	37:28	2:39	4:10	6:47	7:42	11:56	12:55	16:12	18:19	18:56	21:23	23:10	24:38	27:18	
				2:39	1:31	2:37	0:55	4:14	0:59	3:17	2:07	0:37	2:27	1:47	1:28	2:40	
				34:47	36:18	37:13	37:28										
				2:19	1:31	0:55	0:15										
3	21	JURADO ALONSO MANUEL POLITÉCNICA UNIVERSIDA	37:56	2:03	3:22	5:41	6:30	12:38	13:47	17:03	19:32	20:12	22:52	24:13	25:43	28:18	
				2:03	1:19	2:19	0:49	6:08	1:09	3:16	2:29	0:40	2:40	1:21	1:30	2:35	
				35:26	37:00	37:41	37:56										
				2:08	1:34	0:41	0:15										
4	3	PRIETO DEL CAMPO ALVAR AUTÓNOMA UNIVERSIDAD	40:34	1:27	2:59	5:23	6:16	10:37	12:45	16:57	19:02	19:38	22:39	24:15	26:20	29:01	
				1:27	1:32	2:24	0:53	4:21	2:08	4:12	2:05	0:36	3:01	1:36	2:05	2:41	
				37:50	39:26	40:17	40:34										
				3:17	1:36	0:51	0:17										
5	10	RODRIGUEZ CORROCHANO COMPLUTENSE UNIVERSID	42:35	2:32	4:45	7:22	8:20	13:18	14:38	19:04	21:05	21:40	25:15	26:39	28:17	32:01	
				2:32	2:13	2:37	0:58	4:58	1:20	4:26	2:01	0:35	3:35	1:24	1:38	3:44	
				39:41	41:29	42:18	42:35										
				2:16	1:48	0:49	0:17										
6	15	PIVOVAROV KIRIL COMPLUTENSE UNIVERSID	45:10	2:23	3:51	6:39	7:35	12:33	14:48	19:20	22:02	22:58	26:15	28:20	29:32	33:10	
				2:23	1:28	2:48	0:56	4:58	2:15	4:32	2:42	0:56	3:17	2:05	1:12	3:38	
				42:10	43:54	44:53	45:10										
				3:34	1:44	0:59	0:17										
7	9	LANDA SÁNCHEZ CARLOS COMPLUTENSE UNIVERSID	45:57	2:40	4:17	6:54	8:00	12:44	14:08	17:47	19:51	20:31	23:45	25:16	26:53	30:07	
				2:40	1:37	2:37	1:06	4:44	1:24	3:39	2:04	0:40	3:14	1:31	1:37	3:14	
				42:56	44:49	45:41	45:57										
				7:21	1:53	0:52	0:16										
8	20	GARCÍA DENGRA RICARDO POLITÉCNICA UNIVERSIDA	46:10	2:33	4:04	7:17	8:16	13:51	15:35	20:04	22:46	23:28	27:19	29:03	31:27	34:31	
				2:33	1:31	3:13	0:59	5:35	1:44	4:29	2:42	0:42	3:51	1:44	2:24	3:04	
				42:49	44:53	45:51	46:10										
				2:14	2:04	0:58	0:19										
9	31	RODRIGUEZ CORROCHANO NEBRIJA UNIVERSIDAD	51:01	2:37	4:21	7:36	8:42	15:18	16:41	21:57	25:00	25:49	30:01	31:55	34:34	37:55	
				2:37	1:44	3:15	1:06	6:36	1:23	5:16	3:03	0:49	4:12	1:54	2:39	3:21	
				47:34	49:37	50:41	51:01										
				2:50	2:03	1:04	0:20										
10	22	MIVALQUES CASADO LUIS POLITÉCNICA UNIVERSIDA	59:44	3:04	4:36	8:22	9:18	14:38	15:53	20:39	23:20	24:04	33:17	36:15	40:28	43:30	
				3:04	1:32	3:46	0:56	5:20	1:15	4:46	2:41	0:44	9:13	2:58	4:13	3:02	
				56:23	58:18	59:23	59:44										
				6:19	1:55	1:05	0:21										

os	rsal	Nombre	Tiempo																	
M-Absoluto (20)				6,2 km 180 m				17 C				(cont.)								
				1(59)	2(50)	3(63)	4(62)	5(65)	6(66)	7(45)	8(44)	9(67)	10(31)	11(35)	12(48)	13(38)				
				15(69)	16(70)	17(100)	Meta													
11	14	SAZ SEGOVIA PABLO COMPLUTENSE UNIVERSID	1:09:45	4:01	6:20	10:58	12:07	19:39	22:44	29:27	33:18	34:04	38:41	49:00	51:02	54:23				
				4:01	2:19	4:38	1:09	7:32	3:05	6:43	3:51	0:46	4:37	10:19	2:02	3:21				
				1:05:51	1:08:07	1:09:21	1:09:45													
				3:39	2:16	1:14	0:24													
12	26	CORRAL SUAREZ CARLOS ALCALÁ UNIVERSIDAD	1:21:28	3:36	5:30	8:47	12:13	20:33	24:05	33:05	39:32	41:28	51:13	1:00:43	1:03:00	1:07:00				
				3:36	1:54	3:17	3:26	8:20	3:32	9:00	6:27	1:56	9:45	9:30	2:17	4:00				
				1:18:01	1:19:56	1:21:00	1:21:28													
				3:30	1:55	1:04	0:28													
13	23	VIAS TORRES EDUARDO POLITÉCNICA UNIVERSIDA	1:30:34	3:18	5:19	8:33	11:10	17:23	19:09	24:45	30:41	34:07	57:57	1:08:40	1:12:19	1:15:59				
				3:18	2:01	3:14	2:37	6:13	1:46	5:36	5:56	3:26	23:50	10:43	3:39	3:40				
				1:26:13	1:28:20	1:30:16	1:30:34													
				2:49	2:07	1:56	0:18													
14	5	GUTIERREZ SERRANO JOR AUTÓNOMA UNIVERSIDAD	1:53:40	3:35	5:29	9:34	10:40	18:47	21:10	28:24	32:56	34:43	48:14	1:33:07	1:34:57	1:40:01				
				3:35	1:54	4:05	1:06	8:07	2:23	7:14	4:32	1:47	13:31	44:53	1:50	5:04				
				1:50:08	1:51:59	1:53:01	1:53:40													
				3:41	1:51	1:02	0:39													
15	27	ALCAIDE FERNÁNDEZ AGUS ALCALÁ UNIVERSIDAD	2:00:53	3:13	6:13	9:12	11:26	32:40	35:19	41:04	50:39	51:29	1:10:29	1:20:54	1:22:43	1:28:58				
				3:13	3:00	2:59	2:14	21:14	2:39	5:45	9:35	0:50	19:00	10:25	1:49	6:15				
				1:38:10	1:59:28	2:00:31	2:00:53													
				2:52	21:18	1:03	0:22													
16	8	BARRAGÁN COSTO ALBERT REY JUAN CARLOS UNIVER	2:08:15	11:50	14:55	20:04	23:56	31:48	34:40	43:25	48:28	50:48	56:24	1:11:24	1:20:19	1:49:12				
				11:50	3:05	5:09	3:52	7:52	2:52	8:45	5:03	2:20	5:36	15:00	8:55	28:53				
				2:01:16	2:06:49	2:07:56	2:08:15													
				4:10	5:33	1:07	0:19													
				*48																
				*48																
1	DE LA TORRE PAGE ALEJAN FRANCISCO DE VIT UNIVER	en tarj.	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
				-----	15:38	20:58	21:13	4:19	5:24	6:16	8:27	11:48	12:48	14:50	19:44					
				6:07	5:20	0:15	*64	*39	*68	*52	*54	*57	*55	*53						
13	GRACIA OCHOTERENA JOR COMPLUTENSE UNIVERSID	en tarj.	2:34	4:06	6:46	7:47	12:16	13:21	17:11	19:43	20:26	23:26	24:54	-----	28:30					
				2:34	1:32	2:40	1:01	4:29	1:05	3:50	2:32	0:43	3:00	1:28	3:36					
				36:01	37:33	38:56	39:12													
				2:09	1:32	1:23	0:16													
2	CAMPOS GARCÍA JESÚS CARLOS III UNIVERSIDAD	No sale																		
4	MARTÍN GONZALEZ JAVIER AUTÓNOMA UNIVERSIDAD	No sale																		
PROMO (2)				2,3 km 45 m				12 C												
				1(64)	2(39)	3(68)	4(52)	5(36)	6(54)	7(57)	8(55)	9(70)	10(53)	11(81)	12(100)	Meta				
1	7	ALLOZA RODRIGUEZ JESSI AUTÓNOMA UNIVERSIDAD	35:20	3:32	5:37	6:44	12:48	14:39	19:12	21:56	29:12	30:04	32:14	33:30	34:55	35:20				
				3:32	2:05	1:07	6:04	1:51	4:33	2:44	7:16	0:52	2:10	1:16	1:25	0:25				
2	6	CALLEJA BARRIOS MIGUEL AUTÓNOMA UNIVERSIDAD	35:23	3:37	5:37	6:48	12:54	14:45	19:11	21:51	29:15	30:07	32:13	33:34	35:00	35:23				
				3:37	2:00	1:11	6:06	1:51	4:26	2:40	7:24	0:52	2:06	1:21	1:26	0:23				
F-10 (7)				1,9 km 15 m				10 C												
				1(68)	2(52)	3(36)	4(54)	5(57)	6(60)	7(55)	8(61)	9(56)	10(100)	Meta						
1	157	Santos Martín Rocío Club O-Charlies O-Charlies	25:16	3:51	8:02	9:35	13:24	16:36	19:07	19:58	20:51	24:18	24:54	25:16						
				3:51	4:11	1:33	3:49	3:12	2:31	0:51	0:53	3:27	0:36	0:22						
2	398	Laura Ramos Club O-Charlies O-Charlies	27:09	4:24	9:07	11:20	15:26	17:45	20:59	21:58	22:52	26:12	26:48	27:09						
				4:24	4:43	2:13	4:06	2:19	3:14	0:59	0:54	3:20	0:36	0:21						
3	130	Lastra Asanza Inés Club Monte El Pa Club Mont	29:39	5:20	11:05	12:49	17:32	20:25	23:37	24:45	26:50	27:57	29:12	29:39						
				5:20	5:45	1:44	4:43	2:53	3:12	1:08	2:05	1:07	1:15	0:27						
4	150	Galve Lola Club O-Charlies O-Charlies	33:58	8:40	15:11	16:47	23:09	25:25	27:44	29:06	31:16	32:41	33:25	33:58						
				8:40	6:31	1:36	6:22	2:16	2:19	1:22	2:10	1:25	0:44	0:33						
5	151	Velasco Gomez Celia Club O-Charlies O-Charlies	42:04	14:58	24:05	25:39	31:54	34:31	37:30	38:33	39:19	40:50	41:37	42:04						
				14:58	9:07	1:34	6:15	2:37	2:59	1:03	0:46	1:31	0:47	0:27						
390	Herranz Pastoras Clara COLMENAR COLMENAR	en tarj.	4:09	8:36	10:08	13:30	16:25	19:16	20:12	22:05	-----	25:25	25:49							
				4:09	4:27	1:32	3:22	2:55	2:51	0:56	1:53	3:20	0:24							
228	Martin Galvez Sira COLMENAR COLMENAR	No sale																		
F-12 (4)				2,2 km 40 m				9 C												
				1(64)	2(50)	3(68)	4(36)	5(54)	6(60)	7(70)	8(56)	9(100)	Meta							
1	318	Alonso Osuna Loreto ORIENTA-GETAFE ORIENTAG	28:38	7:04	10:16	11:47	16:33	19:47	23:45	24:55	27:41	28:21	28:38							
				7:04	3:12	1:31	4:46	3:14	3:58	1:10	2:46	0:40	0:17							
2	93	Reyes López Paula Alabarda-O Alabarda-O	29:49	8:05	11:36	13:27	17:21	21:06	26:28	27:47	28:48	29:25	29:49							
				8:05	3:31	1:51	3:54	3:45	5:22	1:19	1:01	0:37	0:24							
3	83	Yllan Ortiz Ana Alabarda-O Alabarda-O	40:48	9:38	15:29	18:42	24:31	29:10	35:14	37:31	39:06	40:28	40:48							
				9:38	5:51	3:13	5:49	4:39	6:04	2:17	1:35	1:22	0:20							
158	Santos Martín Gema Club O-Charlies O-Charlies	andona	12:41	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----							
				12:41	-----	-----	-----													

os	rsal	Nombre	Tiempo														
F-14 (6)				2,7 km 40 m		10 C											
				1(64)	2(63)	3(32)	4(58)	5(68)	6(36)	7(54)	8(70)	9(56)	10(100)	Meta			
1	200	Alonso Ruiz Diana COLMENAR COLMENAR	21:23	3:45	6:09	9:36	10:24	12:32	14:55	17:22	19:53	20:30	21:06	21:23	0:17		
2	95	Toledo Navarro Patricia Alabarda-O Alabarda-O	25:00	6:05	9:21	10:46	11:40	14:05	16:59	19:36	23:15	24:03	24:43	25:00	0:17		
3	90	Garrido Contreras Ariadna Alabarda-O Alabarda-O	27:04	4:55	8:45	10:54	12:38	14:45	17:21	20:15	25:00	25:58	26:43	27:04	0:21		
4	244	Gonzalez Diaz Laura G.O.C.A.N. GOCAN	27:55	6:10	8:56	10:42	11:49	14:18	17:23	20:15	23:22	26:50	27:36	27:55	0:19		
5	170	Muñoz Rodriguez Sandra Club O-Charlies O-Charlies	1:27:02	13:16	18:06	22:52	25:18	47:30	54:26	1:04:52	1:17:51	1:25:49	1:26:38	1:27:02	0:24		
	239	Pavia Font Cristina ESCONDITE NATURE ESCO	No sale														
F-16 (4)				3,1 km 60 m		11 C											
				1(68)	2(64)	3(63)	4(58)	5(62)	6(79)	7(36)	8(54)	9(70)	10(81)	11(100)	Meta		
1	94	Toledo Navarro Ana Isabel Alabarda-O Alabarda-O	24:13	1:57	4:17	7:05	9:56	10:57	13:18	17:17	19:26	22:11	23:13	23:51	24:13	0:22	
2	82	Yllan Ortiz Elena Alabarda-O Alabarda-O	28:34	2:31	5:26	8:41	11:52	13:20	16:19	20:51	23:29	26:12	27:24	28:12	28:34	0:22	
3	328	Pozo Prada Inés ORIENTA-GETAFA ORIENTAG	33:03	1:50	3:46	6:01	8:51	9:53	21:13	25:01	27:02	30:19	32:14	32:46	33:03	0:17	
4	124	Losada Moreno Guadalupe Club Monte El Pa Club Mont	47:19	2:35	4:54	7:44	12:29	13:40	34:26	38:39	40:55	44:08	46:17	47:01	47:19	0:18	
F-18/35 (14)				4,3 km 120 m		13 C											
				1(59)	2(50)	3(62)	4(78)	5(80)	6(76)	7(38)	8(73)	9(36)	10(51)	11(41)	12(81)	13(100)	
1	190	Astigarraga Suarez Nekane COLMENAR COLMENAR	51:55	5:10	8:12	11:29	18:25	23:44	27:31	29:37	31:58	39:22	42:37	44:58	51:00	51:36	
2	320	Osuna Zamora Raquel ORIENTA-GETAFA ORIENTAG	55:38	4:36	7:16	10:19	17:10	24:27	29:36	31:29	35:30	43:11	46:26	49:45	54:30	55:14	
3	404	Cristina Moyardomo EntreBalizas EntreBalizas	55:48	5:08	8:58	12:05	19:36	24:25	30:00	32:41	34:58	43:24	49:07	50:42	54:47	55:26	
4	173	San Juan de Castro Azucen Club Sotobosque Sotobosq	57:32	5:07	9:09	13:08	20:35	25:50	29:42	31:46	34:14	44:12	48:40	50:26	55:53	56:59	
5	242	Gomez Serra Sara G.O.C.A.N. GOCAN	1:01:29	7:00	9:37	16:38	26:50	31:34	36:27	38:39	41:10	51:47	55:30	56:58	1:00:22	1:01:05	
6	92	Jimenez Baena Mercedes Alabarda-O Alabarda-O	1:06:45	5:27	8:32	13:43	23:39	28:17	37:44	39:46	43:05	53:01	57:23	59:40	1:04:59	1:06:20	
7	183	Campano Castellanos Maria COLMENAR COLMENAR	1:13:46	6:35	9:29	13:14	25:07	30:41	42:03	45:36	53:58	1:02:27	1:06:52	1:08:41	1:12:47	1:13:25	
8	203	Martin Quesada Maria COLMENAR COLMENAR	1:16:54	6:20	10:03	14:08	22:02	29:21	35:10	37:47	42:27	54:05	58:38	1:09:14	1:15:40	1:16:26	
9	353	Olivar Roldan Juani S.A.D. Tierra Tr Tierra Trága	1:35:36	10:14	14:13	17:49	26:18	44:49	51:46	56:10	1:03:51	1:13:39	1:19:48	1:23:46	1:33:37	1:35:00	
10	357	Olivar Roldan Cristina S.A.D. Tierra Tr Tierra Trága	1:37:43	11:48	16:06	19:41	28:19	46:53	53:47	57:46	1:05:45	1:15:34	1:21:50	1:25:40	1:36:03	1:37:11	
11	105	Ramon Martinez Isabel BOADILLAVENTURA BOADIL	2:04:50	7:10	10:11	22:06	32:12	47:42	1:06:16	1:18:16	1:23:46	1:39:33	1:45:22	1:58:06	2:03:40	2:04:26	
	119	Fernández Galdo Dolores C.D.E Rumbo Madr C.D.E R	en tarj.	-----	8:08	-----	16:13	-----	-----	20:01	-----	32:53	-----	-----	-----	41:02	
					8:08		8:05			3:48		12:52				8:09	
					6:16	25:25	28:38	37:35	38:39	39:52							
					*71	*49	*79	*72	*74	*70							
	181	Aguilera Sanchez Sandra COLMENAR COLMENAR	en tarj.	4:25	6:52	14:23	20:49	24:27	27:24	29:14	-----	37:36	41:23	43:44	47:52	48:39	
				4:25	2:27	7:31	6:26	3:38	2:57	1:50		8:22	3:47	2:21	4:08	0:47	
	202	Pastora Narciso Susana COLMENAR COLMENAR	andona	10:35	14:28	19:49	-----	-----	-----	-----	-----	-----	-----	-----	-----	57:14	
				10:35	3:53	5:21										37:25	
F-20/21A (9)				4,8 km 165 m		15 C											
				1(71)	2(50)	3(32)	4(65)	5(66)	6(48)	7(76)	8(78)	9(73)	10(79)	11(36)	12(69)	13(41)	
				15(100)	Meta												
1	146	Gracia Lazaro Ana CLUB NAVALCARNER CLUB	1:00:19	4:59	6:35	9:35	16:44	20:01	28:02	31:38	35:27	37:06	46:10	50:29	54:23	55:38	
				4:59	1:36	3:00	7:09	3:17	8:01	3:36	3:49	1:39	9:04	4:19	3:54	1:15	
				59:57	1:00:19												
				0:43	0:22												
2	176	Saz Segovia Sara Club Sotobosque Sotobosq	1:00:57	5:10	6:38	9:18	17:23	21:58	32:51	35:57	38:15	39:41	46:51	50:36	55:24	56:30	
				5:10	1:28	2:40	8:05	4:35	10:53	3:06	2:18	1:26	7:10	3:45	4:48	1:06	
				1:00:34	1:00:57												
				0:34	0:23												
3	361	Märta Fröjd Snättringe SK Snättringe S	1:02:24	5:18	6:34	12:07	19:27	24:06	31:20	35:37	38:33	39:56	45:26	49:28	56:07	57:25	
				5:18	1:16	5:33	7:20	4:39	7:14	4:17	2:56	1:23	5:30	4:02	6:39	1:18	
				1:02:04	1:02:24												
				0:44	0:20												
4	184	Pérez García Blanca COLMENAR COLMENAR	1:11:05	4:12	6:14	8:48	16:24	19:00	25:59	31:16	37:24	43:12	55:24	59:20	1:05:31	1:06:39	
				4:12	2:02	2:34	7:36	2:36	6:59	5:17	6:08	5:48	12:12	3:56	6:11	1:08	
				1:10:45	1:11:05												
				0:45	0:20												

os	rsal	Nombre	Tiempo													
F-2021A (9)				4,8 km 165 m			15 C			<i>(cont.)</i>						
				1(71)	2(50)	3(32)	4(65)	5(66)	6(48)	7(76)	8(78)	9(73)	10(79)	11(36)	12(69)	13(41)
				15(100)	Meta											
5	229	Garcia Donday Celia COLMENAR COLMENAR	1:26:10	10:23	12:35	16:17	24:08	27:06	45:41	49:51	55:40	1:00:47	1:11:30	1:15:58	1:19:52	1:20:46
				10:23	2:12	3:42	7:51	2:58	18:35	4:10	5:49	5:07	10:43	4:28	3:54	0:54
				1:25:50	1:26:10											
				0:40	0:20											
6	346	Santamaria Miriam ORIENTE ORIENTE	1:28:29	5:55	7:24	10:14	19:04	24:22	46:34	49:15	52:13	59:57	1:07:54	1:12:14	1:21:57	1:22:57
				5:55	1:29	2:50	8:50	5:18	22:12	2:41	2:58	7:44	7:57	4:20	9:43	1:00
				1:28:06	1:28:29											
				0:47	0:23											
140		Fernández Leñador Cristina Club Monte El Pa Club Mont	en tarj.	8:27	10:54	14:00	32:21	36:42	57:29	1:02:05	1:06:05	1:10:00	1:20:23	1:26:02	-----	-----
				8:27	2:27	3:06	18:21	4:21	20:47	4:36	4:00	3:55	10:23	5:39		
				-----	1:34:19											
				8:17												
108		Purcell Diez De Ulzurrun Ev BOM BOM	andona	12:49	15:10	19:06	45:29	47:10	1:00:39	1:03:54	1:11:55	1:24:43	-----	-----	-----	-----
				12:49	2:21	3:56	26:23	1:41	13:29	3:15	8:01	12:48				
				-----	2:20:29											
				55:46												
97		Arcones Laosa Mayte Alabarda-O Alabarda-O	andona	13:12	15:20	27:20	38:12	48:45	1:00:07	1:17:48	1:45:54	1:49:05	-----	-----	-----	-----
				13:12	2:08	12:00	10:52	10:33	11:22	17:41	28:06	3:11				

F-21B (3)				3,7 km 75 m			11 C									
				1(71)	2(50)	3(78)	4(38)	5(49)	6(79)	7(36)	8(72)	9(74)	10(70)	11(100)	Meta	
1	179	MOYA DE ALARCON CARLOT COLMENAR COLMENAR	1:03:56	8:10	10:00	18:46	25:23	33:47	47:41	52:04	58:23	1:00:22	1:02:03	1:03:37	1:03:56	
				8:10	1:50	8:46	6:37	8:24	13:54	4:23	6:19	1:59	1:41	1:34	0:19	
2	224	Rodríguez Alquezar María D COLMENAR COLMENAR	1:44:54	13:16	15:33	27:53	47:10	55:40	1:00:15	1:08:21	1:40:14	1:41:09	1:42:28	1:44:27	1:44:54	
				13:16	2:17	12:20	19:17	8:30	4:35	8:06	31:53	0:55	1:19	1:59	0:27	
204		Martin Quesada Gema COLMENAR COLMENAR	en tarj.	-----	-----	-----	-----	-----	52:12	58:59	-----	-----	1:10:18	1:11:55	1:12:19	
				-----	-----	-----	-----	-----	52:12	6:47	-----	-----	11:19	1:37	0:24	
F-40 (11)				3,7 km 75 m			11 C									
				1(71)	2(50)	3(78)	4(38)	5(49)	6(79)	7(36)	8(72)	9(74)	10(70)	11(100)	Meta	
1	286	Del Campo Campos Cristin Malarruta Malarruta	40:12	4:16	5:58	15:44	19:48	24:37	27:22	32:01	35:57	37:42	38:50	39:53	40:12	
				4:16	1:42	9:46	4:04	4:49	2:45	4:39	3:56	1:45	1:08	1:03	0:19	
2	267	Rodríguez-Miñon Ana IBERIA IB	46:10	6:18	7:55	17:09	25:52	30:35	33:22	38:19	42:12	43:41	44:57	45:53	46:10	
				6:18	1:37	9:14	8:43	4:43	2:47	4:57	3:53	1:29	1:16	0:56	0:17	
3	275	Saoner Arevalo Silvia Imperdible Imperdible	47:08	4:18	5:49	16:13	23:59	29:54	32:11	36:39	40:58	42:16	43:28	46:42	47:08	
				4:18	1:31	10:24	7:46	5:55	2:17	4:28	4:19	1:18	1:12	3:14	0:26	
4	85	Silveira Puertas Rosa Alabarda-O Alabarda-O	47:21	9:04	10:48	19:37	23:42	28:45	31:44	37:09	42:29	43:32	44:58	46:51	47:21	
				9:04	1:44	8:49	4:05	5:03	2:59	5:25	5:20	1:03	1:26	1:53	0:30	
5	380	Zafra Lopez Victoria Yelmo Orientació Yelmo-O	50:12	5:37	7:54	17:57	22:14	27:19	33:47	38:43	45:00	46:31	48:13	49:50	50:12	
				5:37	2:17	10:03	4:17	5:05	6:28	4:56	6:17	1:31	1:42	1:37	0:22	
6	302	Aparicio Palomino Silvia Be MANZANARES-O MZ-O	52:43	7:42	11:26	22:43	27:45	33:01	38:40	43:01	46:52	49:33	51:06	52:26	52:43	
				7:42	3:44	11:17	5:02	5:16	5:39	4:21	3:51	2:41	1:33	1:20	0:17	
7	395	Martin Jimenez Gema LOS ANGELES ORIE LOS Á	57:10	7:22	9:31	19:38	25:44	31:31	39:04	45:13	50:58	52:34	54:30	56:44	57:10	
				7:22	2:09	10:07	6:06	5:47	7:33	6:09	5:45	1:36	1:56	2:14	0:26	
8	129	Asanza Izquierdo Sonia Club Monte El Pa Club Mont	1:11:46	7:19	14:02	25:46	39:49	51:57	54:50	59:20	1:04:36	1:06:23	1:08:09	1:11:24	1:11:46	
				7:19	6:43	11:44	14:03	12:08	2:53	4:30	5:16	1:47	1:46	3:15	0:22	
234		Oliva Bartolome Mar ESCONDITE NATURE ESCO	No sale													
259		Torres Costas Susana IBERIA IB	No sale													
334		Blázquez Baos Belén ORIENTA-GETAFE ORIENTAG	No sale													
F-45 (4)				3,7 km 75 m			11 C									
				1(71)	2(50)	3(78)	4(38)	5(49)	6(79)	7(36)	8(72)	9(74)	10(70)	11(100)	Meta	
1	330	Prada Cazorla Ana María ORIENTA-GETAFE ORIENTAG	58:42	6:11	8:14	17:40	27:38	34:59	41:29	47:00	53:14	55:01	56:44	58:21	58:42	
				6:11	2:03	9:26	9:58	7:21	6:30	5:31	6:14	1:47	1:43	1:37	0:21	
2	211	Sintas Martinez Ana Mª COLMENAR COLMENAR	1:09:07	13:00	15:14	24:39	31:56	37:30	44:59	50:50	57:27	1:05:16	1:07:08	1:08:39	1:09:07	
				13:00	2:14	9:25	7:17	5:34	7:29	5:51	6:37	7:49	1:52	1:31	0:28	
3	347	Navarro Ruiperez Carmen ORIENTIJOTE ORIENTIJOTE	1:40:56	14:27	17:46	36:45	45:42	58:48	1:05:32	1:15:56	1:27:16	1:34:23	1:37:45	1:40:30	1:40:56	
				14:27	3:19	18:59	8:57	13:06	6:44	10:24	11:20	7:07	3:22	2:45	0:26	
342		Regueiro Moreno Luisa ORIENTA-GETAFE ORIENTAG	en tarj.	6:51	11:10	-----	-----	-----	1:00:49	1:09:05	1:15:58	1:20:39	1:23:32	1:25:58	1:26:49	
				6:51	4:19	-----	-----	-----	49:39	8:16	6:53	4:41	2:53	2:26	0:51	
F-50 (5)				3,1 km 60 m			11 C									
				1(68)	2(64)	3(63)	4(58)	5(62)	6(79)	7(36)	8(54)	9(70)	10(81)	11(100)	Meta	
1	45	ANN-MARIE REES ANDERSS No Federado Sin Club	32:04	2:53	5:54	9:12	11:12	13:16	17:02	21:44	24:47	28:24	30:33	31:40	32:04	
				2:53	3:01	3:18	2:00	2:04	3:46	4:42	3:03	3:37	2:09	1:07	0:24	
2	191	Berrocal Pariente Alicia COLMENAR COLMENAR	44:23	3:31	6:56	14:37	18:59	21:06	25:04	31:48	35:15	39:50	43:06	43:52	44:23	
				3:31	3:25	7:41	4:22	2:07	3:58	6:44	3:27	4:35	3:16	0:46	0:31	

os	rsal	Nombre	Tiempo													
F-50 (5)				3,1 km 60 m		11 C		<i>(cont.)</i>								
				1(68)	2(64)	3(63)	4(58)	5(62)	6(79)	7(36)	8(54)	9(70)	10(81)	11(100)	Meta	
3	137	Canovas Andreo Lucia Club Monte El Pa Club Mont	53:07	3:27	6:56	10:21	15:49	18:22	38:59	43:43	46:53	50:00	51:53	52:41	53:07	
4	186	Serrano Alcol Nieves COLMENAR COLMENAR	1:03:05	3:27	3:29	3:25	5:28	2:33	20:37	4:44	3:10	3:07	1:53	0:48	0:26	
5	207	Serrano Alcol Mª Jose COLMENAR COLMENAR	1:25:54	5:50	6:37	3:22	3:06	7:38	12:20	6:25	10:19	4:16	1:51	0:51	0:30	
				6:03	14:36	19:29	24:40	27:58	56:27	1:05:20	1:11:11	1:20:17	1:23:11	1:25:04	1:25:54	
				6:03	8:33	4:53	5:11	3:18	28:29	8:53	5:51	9:06	2:54	1:53	0:50	
F-E (25)				5,4 km 195 m		15 C										
				1(71)	2(62)	3(75)	4(45)	5(77)	6(47)	7(31)	8(46)	9(76)	10(73)	11(36)	12(69)	13(74)
				15(100)	Meta											
1	99	Maria von Schmalensee Attunda OK Attunda OK	46:41	3:14	6:14	14:38	16:34	18:01	19:43	23:47	25:50	29:25	32:03	38:27	41:38	43:43
				3:14	3:00	8:24	1:56	1:27	1:42	4:04	2:03	3:35	2:38	6:24	3:11	2:05
				46:20	46:41											
				0:55	0:21											
2	310	Linnea Sundström OK Renen OK Renen	46:43	3:07	5:59	14:36	17:06	18:22	20:04	24:16	26:19	29:38	32:53	39:05	41:36	44:00
				3:07	2:52	8:37	2:30	1:16	1:42	4:12	2:03	3:19	3:15	6:12	2:31	2:24
				46:26	46:43											
				0:49	0:17											
3	305	Tone Albrektsson OK Ravinen OK Ravinen	53:45	6:57	10:03	18:23	20:14	21:26	22:50	27:37	31:18	34:34	37:40	44:28	47:38	50:51
				6:57	3:06	8:20	1:51	1:12	1:24	4:47	3:41	3:16	3:06	6:48	3:10	3:13
				53:28	53:45											
				0:50	0:17											
4	364	Kristina Tedhamre Snättringe SK Snättringe S	54:49	3:32	6:46	15:37	17:41	20:03	21:55	28:22	31:08	34:50	37:34	45:44	48:59	51:39
				3:32	3:14	8:51	2:04	2:22	1:52	6:27	2:46	3:42	2:44	8:10	3:15	2:40
				54:29	54:49											
				0:44	0:20											
5	125	Moreno Zúñiga Guadalupe Club Monte El Pa Club Mont	55:19	4:04	7:29	17:03	18:48	20:55	23:03	32:17	34:01	37:24	40:48	46:57	49:41	52:42
				4:04	3:25	9:34	1:45	2:07	2:08	9:14	1:44	3:23	3:24	6:09	2:44	3:01
				55:02	55:19											
				0:44	0:17											
6	287	Prieto Del Campo Maria Malarruta Malarruta	56:12	3:17	6:11	14:51	16:52	18:12	19:47	25:43	28:56	32:40	40:25	46:41	51:06	52:57
				3:17	2:54	8:40	2:01	1:20	1:35	5:56	3:13	3:44	7:45	6:16	4:25	1:51
				55:54	56:12											
				0:55	0:18											
7	363	Vilma Karlsson Snättringe SK Snättringe S	58:39	3:21	6:11	13:55	15:46	16:59	18:59	28:53	32:31	35:34	41:00	48:01	53:09	55:45
				3:21	2:50	7:44	1:51	1:13	2:00	9:54	3:38	3:03	5:26	7:01	5:08	2:36
				58:22	58:39	51:30										
				0:41	0:17	*51										
8	304	Julia Frejd OK Ravinen OK Ravinen	59:07	5:06	8:31	17:40	20:00	21:53	24:28	32:17	35:10	38:45	41:32	49:43	53:06	55:33
				5:06	3:25	9:09	2:20	1:53	2:35	7:49	2:53	3:35	2:47	8:11	3:23	2:27
				58:47	59:07											
				0:54	0:20											
9	220	Viqueira Andrea COLMENAR COLMENAR	1:02:29	3:59	8:13	19:13	21:23	22:54	25:04	30:13	36:12	40:07	43:29	51:39	56:06	58:46
				3:59	4:14	11:00	2:10	1:31	2:10	5:09	5:59	3:55	3:22	8:10	4:27	2:40
				1:02:08	1:02:29											
				1:10	0:21											
10	368	Ebba Leickt Tullinge SK Tullinge SK	1:04:08	3:53	8:15	18:15	21:07	23:10	25:37	33:36	37:06	41:26	46:43	53:41	57:32	1:00:16
				3:53	4:22	10:00	2:52	2:03	2:27	7:59	3:30	4:20	5:17	6:58	3:51	2:44
				1:03:49	1:04:08											
				0:53	0:19											
11	372	Amanda Berggren Tullinge SK Tullinge SK	1:04:52	5:02	7:58	15:56	17:41	20:13	21:42	31:07	34:02	37:09	42:48	54:13	58:14	1:01:07
				5:02	2:56	7:58	1:45	2:32	1:29	9:25	2:55	3:07	5:39	11:25	4:01	2:53
				1:04:28	1:04:52											
				0:57	0:24											
12	340	garrido hens eva ORIENTA-GETAFE ORIENTAG	1:05:50	4:30	8:03	19:54	21:53	23:45	25:56	33:41	37:16	41:31	47:16	55:29	59:14	1:01:52
				4:30	3:33	11:51	1:59	1:52	2:11	7:45	3:35	4:15	5:45	8:13	3:45	2:38
				1:05:29	1:05:50											
				0:59	0:21											
13	314	Alice TörnLund OK Södertörn OK Södertörn	1:07:07	4:12	7:26	15:47	17:38	19:14	20:49	30:17	44:20	47:53	50:21	57:13	1:01:16	1:04:04
				4:12	3:14	8:21	1:51	1:36	1:35	9:28	14:03	3:33	2:28	6:52	4:03	2:48
				1:06:49	1:07:07											
				0:51	0:18											
14	373	Frida Junegard Tullinge SK Tullinge SK	1:08:43	4:15	8:51	22:01	24:20	26:15	28:41	34:20	41:45	45:17	48:11	56:17	1:02:14	1:04:43
				4:15	4:36	13:10	2:19	1:55	2:26	5:39	7:25	3:32	2:54	8:06	5:57	2:29
				1:08:21	1:08:43											
				0:55	0:22											
15	365	Hanna Röstin Söders SOL Söders SOL	1:10:05	5:05	8:23	18:10	20:19	22:06	24:19	31:12	34:40	38:27	41:42	49:35	1:03:22	1:06:18
				5:05	3:18	9:47	2:09	1:47	2:13	6:53	3:28	3:47	3:15	7:53	13:47	2:56
				1:09:46	1:10:05	53:25										
				0:53	0:19	*51										
16	285	Martin Iglesias Mª Jose Malarruta Malarruta	1:12:59	5:22	8:33	19:44	21:44	23:25	25:12	43:21	46:04	50:44	54:26	1:01:32	1:06:43	1:09:04
				5:22	3:11	11:11	2:00	1:41	1:47	18:09	2:43	4:40	3:42	7:06	5:11	2:21
				1:12:33	1:12:59											
				0:52	0:26											
17	177	Arroyo Susana Club Sotobosque Sotobosq	1:20:19	7:15	11:28	22:22	25:48	27:41	33:16	50:58	53:36	58:48	1:02:25	1:10:02	1:13:37	1:16:15
				7:15	4:13	10:54	3:26	1:53	5:35	17:42	2:38	5:12	3:37	7:37	3:35	2:38
				1:19:55	1:20:19											
				1:01	0:24											

os rsal Nombre		Tiempo															
F-E (25)		5,4 km 195 m			15 C			(cont.)									
		1(71)	2(62)	3(75)	4(45)	5(77)	6(47)	7(31)	8(46)	9(76)	10(73)	11(36)	12(69)	13(74)			
		15(100)	Meta														
18	134 Castilla Reyes Ana Club Monte El Pa Club Mont	1:40:58	7:41 7:41 1:40:33	11:56 4:15 1:40:58	26:50 14:54	29:11 2:21	31:20 2:09	35:29 4:09	44:20 8:51	49:49 5:29	59:57 10:08	1:21:31 21:34	1:29:44 8:13	1:33:40 3:56	1:36:53 3:13		
19	308 Amanda Karlsson OK Ravinen OK Ravinen	1:41:55	6:32 6:32 1:41:09	12:36 6:04 1:41:55	27:51 15:15	30:45 2:54	33:29 2:44	37:07 3:38	45:47 8:40	50:35 4:48	57:21 6:46	1:02:38 5:17	1:17:43 15:05	1:32:00 14:17	1:35:45 3:45		
20	280 Ida Toribjörnsson Järfa IF Järfa IF	1:45:55	10:34 10:34 1:45:10	16:38 6:04 1:45:55	31:40 15:02	34:47 3:07	37:30 2:43	41:10 3:40	49:44 8:34	55:00 5:16	1:01:25 6:25	1:06:40 5:15	1:21:43 15:03	1:36:02 14:19	1:39:49 3:47		
21	261 Pons Grau Vanessa IBERIA IB	1:51:27	6:30 6:30 1:51:02	14:39 8:09 1:51:27	36:48 22:09	39:09 2:21	48:57 9:48	51:00 2:03	1:05:33 14:33	1:08:36 3:03	1:15:53 7:17	1:19:36 3:43	1:28:44 9:08	1:43:31 14:47	1:46:02 2:31		
22	339 García Sánchez Sandra ORIENTA-GETAFE ORIENTAG	1:56:31	3:50 3:50 1:56:09	15:43 11:53 1:56:31	1:03:08 47:25	1:05:16 2:08	1:09:17 4:01	1:12:40 3:23	1:21:50 9:10	1:27:17 5:27	1:33:58 6:41	1:38:18 4:20	1:46:22 8:04	1:50:02 3:40	1:52:41 2:39		
23	143 Alba Isasi María Teresa Club Monte El Pa Club Mont	2:31:04	7:34 7:34 2:30:41	12:10 4:36 2:31:04	26:11 14:01	29:02 2:51	41:22 12:20	44:54 3:32	1:02:08 17:14	1:10:07 7:59	1:35:25 25:18	1:57:53 22:28	2:06:25 8:32	2:22:42 16:17	2:25:58 3:16		
	349 Kristin Olovsson Rhens BK Rhens BK	en tarj.	2:53 2:53 52:04	5:41 2:48 52:20	13:45 8:04	15:24 1:39 48:23	16:55 1:31	18:36 1:41	26:50 8:14	28:48 1:58	32:14 3:26	35:38 3:24	41:26 5:48	-----	50:03 8:37		
	270 Pérez Riofrío Ana Belén Imperdible Imperdible	en tarj.	3:40 3:40 1:11:43	9:51 6:11 1:12:04	20:02 10:11	22:31 2:29	31:44 9:13	35:59 4:15	-----	41:01 5:02	46:44 5:43	51:26 4:42	58:53 7:27	1:04:42 5:49	1:07:21 2:39		
M-10 (9)		1,9 km 15 m			10 C												
		1(68)	2(52)	3(36)	4(54)	5(57)	6(60)	7(55)	8(61)	9(56)	10(100)	Meta					
1	166 Rodriguez Cuesta Daniel Club O-Charlies O-Charlies	25:31	4:04 4:04	9:42 5:38	11:22 1:40	14:49 3:27	16:53 2:04	19:42 2:49	21:05 1:23	22:53 1:48	23:51 0:58	24:56 1:05	25:31 0:35				
2	149 Galve Gael Club O-Charlies O-Charlies	28:07	4:16	10:46 6:30	12:27 1:41	18:13 5:46	21:08 2:55	23:13 2:05	24:35 1:22	26:09 1:34	26:59 0:50	27:44 0:45	28:07 0:23				
3	396 Angel Martin Club O-Charlies O-Charlies	29:08	6:28	11:03 4:35	13:13 2:10	17:23 4:10	20:22 2:59	23:08 2:46	24:00 0:52	24:52 0:52	28:09 3:17	28:44 0:35	29:08 0:24				
4	319 Alonso Osuna Rodrigo ORIENTA-GETAFE ORIENTAG	30:01	5:13	10:26 5:13	13:04 2:38	17:33 4:29	20:35 3:02	24:45 4:10	26:21 1:36	27:31 1:10	28:51 1:20	29:38 0:47	30:01 0:23				
5	156 Zorrilla Olías Rodrigo Club O-Charlies O-Charlies	33:35	4:11	18:13 14:02	20:08 1:55	24:42 4:34	26:21 1:39	28:44 2:23	30:28 1:44	31:23 0:55	32:46 1:23	33:15 0:29	33:35 0:20				
6	159 Alcorlo Chanencia Marcos Club O-Charlies O-Charlies	34:02	5:53	12:02 6:09	16:08 4:06	20:59 4:51	25:17 4:18	28:16 2:59	30:03 1:47	31:14 1:11	32:32 1:18	33:41 1:09	34:02 0:21				
7	352 Masero Olivar Pablo S.A.D. Tierra Tr Tierra Trága	42:04	17:20	22:55 5:35	25:01 2:06	30:43 5:42	34:06 3:23	36:31 2:25	37:39 1:08	39:24 1:45	40:50 1:26	41:44 0:54	42:04 0:20				
8	360 García Fernández-cantado S.A.D. Tierra Tr Tierra Trága	44:11	19:36	24:49 5:13	27:07 2:18	32:42 5:35	36:19 3:37	38:30 2:11	39:41 1:11	41:24 1:43	42:50 1:26	43:48 0:58	44:11 0:23				
9	169 Muñoz Rodriguez Angel Club O-Charlies O-Charlies	45:54	18:56	26:05 7:09	28:27 2:22	34:17 5:50	36:52 2:35	41:08 4:16	42:09 1:01	43:12 1:03	44:38 1:26	45:26 0:48	45:54 0:28				
M-12 (10)		2,2 km 40 m			9 C												
		1(64)	2(50)	3(68)	4(36)	5(54)	6(60)	7(70)	8(56)	9(100)	Meta						
1	351 Perez Otero Alvaro S.A.D. Tierra Tr Tierra Trága	15:33	3:41 3:41	5:52 2:11	6:50 0:58	9:15 2:25	11:13 1:58	13:23 2:10	13:58 0:35	14:43 0:45	15:15 0:32	15:33 0:18					
2	205 Herranz Pastora Tomás COLMENAR COLMENAR	21:06	4:42	7:01 2:19	8:19 1:18	11:42 3:23	14:05 2:23	17:42 3:37	18:53 1:11	19:59 1:06	20:45 0:46	21:06 0:21					
3	155 Zorrilla Olías Gonzalo Club O-Charlies O-Charlies	21:24	4:24	6:49 2:25	8:03 1:14	11:05 3:02	15:46 4:41	18:35 2:49	19:45 1:10	20:33 0:48	21:07 0:34	21:24 0:17					
4	329 Pozo Prada Juan Manuel ORIENTA-GETAFE ORIENTAG	22:22	5:21	8:24 3:03	10:14 1:50	13:30 3:16	16:03 2:33	19:16 3:13	20:15 0:59	21:26 1:11	22:02 0:36	22:22 0:20					
5	325 Barcia Belinchón Jorge ORIENTA-GETAFE ORIENTAG	23:54	6:28	8:41 2:13	10:45 2:04	13:57 3:12	17:11 3:14	20:27 3:16	21:35 1:08	22:44 1:09	23:32 0:48	23:54 0:22					
6	397 Daniel Ramos Club O-Charlies O-Charlies	26:18	5:38	8:50 3:12	11:08 2:18	14:54 3:46	18:28 3:34	21:46 3:18	22:55 1:09	25:13 2:18	25:58 0:45	26:18 0:20					
7	167 Rodriguez Cuesta Victor Club O-Charlies O-Charlies	28:53	8:30	13:15 4:45	14:30 1:15	17:32 3:02	20:30 2:58	24:31 4:01	26:30 1:59	27:46 1:16	28:31 0:45	28:53 0:22					
8	324 Barcia Belinchón Enrique ORIENTA-GETAFE ORIENTAG	34:49	9:43	12:24 2:41	15:35 3:11	19:12 3:37	23:25 4:13	27:40 4:15	29:38 1:58	33:51 4:13	34:28 0:37	34:49 0:21					
9	392 Alejandro Herrero Club O-Charlies O-Charlies	42:40	6:02	14:43 8:41	24:32 9:49	28:01 3:29	30:49 2:48	38:28 7:39	39:26 0:58	41:36 2:10	42:18 0:42	42:40 0:22					

os	rsal	Nombre	Tiempo													
M-12 (10)				2,2 km 40 m		9 C		<i>(cont.)</i>								
				1(64)	2(50)	3(68)	4(36)	5(54)	6(60)	7(70)	8(56)	9(100)	Meta			
10	277	Jimenez Espeso Lucas Imperdible Imperdible	49:17	19:24	22:53	25:46	32:16	41:31	45:15	46:47	48:13	48:57	49:17			
				19:24	3:29	2:53	6:30	9:15	3:44	1:32	1:26	0:44	0:20			
M-14 (7)				3,1 km 60 m		11 C										
				1(68)	2(64)	3(63)	4(58)	5(62)	6(79)	7(36)	8(54)	9(70)	10(81)	11(100)	Meta	
1	255	Casado Gómez Diego G.O.C.A.N. GOCAN	32:42	2:30	5:03	7:50	10:13	11:47	19:03	23:51	26:12	29:46	31:42	32:22	32:42	
				2:30	2:33	2:47	2:23	1:34	7:16	4:48	2:21	3:34	1:56	0:40	0:20	
2	289	Díaz Fernández Samuel Malarruta Malarruta	36:45	2:07	4:24	6:48	14:12	15:24	23:51	27:43	30:05	32:33	35:48	36:28	36:45	
				2:07	2:17	2:24	7:24	1:12	8:27	3:52	2:22	2:28	3:15	0:40	0:17	
3	383	Losada Moreno Rodrigo Club Monte El Pa Club Mont	43:17	2:05	5:15	7:50	12:06	13:49	30:31	34:38	36:53	40:04	42:20	42:59	43:17	
				2:05	3:10	2:35	4:16	1:43	16:42	4:07	2:15	3:11	2:16	0:39	0:18	
4	127	Alba Isasi Pablo Club Monte El Pa Club Mont	1:01:53	3:12	6:44	10:35	18:16	19:56	42:51	48:44	52:27	57:46	1:00:35	1:01:31	1:01:53	
				3:12	3:32	3:51	7:41	1:40	22:55	5:53	3:43	5:19	2:49	0:56	0:22	
5	165	Escudero Rodriguez Mario Club O-Charlies O-Charlies	1:18:17	5:25	13:23	18:49	25:27	27:59	42:12	55:52	1:02:48	1:09:58	1:16:45	1:17:54	1:18:17	
				5:25	7:58	5:26	6:38	2:32	14:13	13:40	6:56	7:10	6:47	1:09	0:23	
6	163	Marín Flores Oscar Club O-Charlies O-Charlies	1:22:16	9:24	17:33	22:43	29:42	32:04	46:22	59:56	1:06:54	1:13:58	1:20:49	1:21:55	1:22:16	
				9:24	8:09	5:10	6:59	2:22	14:18	13:34	6:58	7:04	6:51	1:06	0:21	
7	153	Santos Lozano Pablo Club O-Charlies O-Charlies	1:23:23	7:32	15:39	20:41	28:12	31:47	52:18	1:02:50	1:07:39	1:16:42	1:20:39	1:22:17	1:23:23	
				7:32	8:07	5:02	7:31	3:35	20:31	10:32	4:49	9:03	3:57	1:38	1:06	
M-16 (2)				3,7 km 75 m		11 C										
				1(71)	2(50)	3(78)	4(38)	5(49)	6(79)	7(36)	8(72)	9(74)	10(70)	11(100)	Meta	
1	126	Alba Isasi Carlos Club Monte El Pa Club Mont	1:04:09	3:21	4:37	33:22	36:36	43:22	48:04	51:56	59:21	1:01:25	1:02:46	1:03:54	1:04:09	
				3:21	1:16	28:45	3:14	6:46	4:42	3:52	7:25	2:04	1:21	1:08	0:15	
296		Wirén González Gustav Malarruta Malarruta	No sale													
M-18/21B (11)				4,8 km 165 m		15 C										
				1(71)	2(50)	3(32)	4(65)	5(66)	6(48)	7(76)	8(78)	9(73)	10(79)	11(36)	12(69)	13(41)
				15(100)	Meta											
1	254	Casado Gómez Alvaro G.O.C.A.N. GOCAN	42:40	3:20	4:24	6:06	15:26	16:59	22:34	24:40	27:14	29:02	32:35	35:33	38:50	39:37
				3:20	1:04	1:42	9:20	1:33	5:35	2:06	2:34	1:48	3:33	2:58	3:17	0:47
				42:25	42:40	0:24	0:15									
2	98	Rojas Jimenez David Alabarda-O Alabarda-O	53:34	3:21	4:34	6:40	13:46	15:33	26:09	31:00	33:37	35:13	39:19	43:18	47:07	47:57
				3:21	1:13	2:06	7:06	1:47	10:36	4:51	2:37	1:36	4:06	3:59	3:49	0:50
				53:13	53:34	0:41	0:21									
3	399	Enrique Jimenez ESCONDITE NATURE ESCO	59:30	3:35	4:50	6:39	12:55	14:35	23:13	34:31	37:27	38:46	42:28	46:07	54:16	55:05
				3:35	1:15	1:49	6:16	1:40	8:38	11:18	2:56	1:19	3:42	3:39	8:09	0:49
				59:13	59:30	0:37	0:17									
4	393	Javier Fernandez Imperdible Imperdible	1:03:36	4:47	5:59	7:55	25:16	27:25	34:48	37:08	39:15	40:39	48:36	52:58	57:04	58:32
				4:47	1:12	1:56	17:21	2:09	7:23	2:20	2:07	1:24	7:57	4:22	4:06	1:28
				1:03:14	1:03:36	1:22	0:22									
5	322	Pascual Raposo Felix ORIENTA-GETAFE ORIENTAG	1:13:17	6:04	7:38	10:30	22:09	26:12	39:16	43:54	48:37	50:15	57:54	1:02:25	1:06:42	1:08:10
				6:04	1:34	2:52	11:39	4:03	13:04	4:38	4:43	1:38	7:39	4:31	4:17	1:28
				1:12:56	1:13:17	0:43	0:21									
6	344	del Río de Sande Jesús ORIENTA-GETAFE ORIENTAG	1:15:18	5:28	9:39	12:42	24:25	27:48	35:56	44:57	51:58	53:33	1:01:46	1:05:36	1:09:39	1:10:23
				5:28	4:11	3:03	11:43	3:23	8:08	9:01	7:01	1:35	8:13	3:50	4:03	0:44
				1:14:58	1:15:18	0:38	0:20									
7	110	Herrero Jimenez Sergio C.D.C.E.B.E. C.D.C.E.B.E.	1:16:20	11:35	13:04	15:37	31:36	34:58	43:51	47:11	54:30	56:42	1:02:34	1:06:24	1:10:50	1:11:51
				11:35	1:29	2:33	15:59	3:22	8:53	3:20	7:19	2:12	5:52	3:50	4:26	1:01
				1:16:02	1:16:20	0:34	0:18									
8	294	Amorós Hoyos Roberto Malarruta Malarruta	1:19:25	5:55	7:29	10:12	20:06	26:04	41:19	44:50	48:08	49:40	56:39	1:01:44	1:11:17	1:12:09
				5:55	1:34	2:43	9:54	5:58	15:15	3:31	3:18	1:32	6:59	5:05	9:33	0:52
				1:18:59	1:19:25	0:51	0:26									
9	189	Dasi Aranda Jorge COLMENAR COLMENAR	1:32:10	8:44	10:21	13:50	22:25	27:22	35:33	43:39	49:32	55:14	1:00:32	1:04:56	1:09:47	1:23:50
				8:44	1:37	3:29	8:35	4:57	8:11	8:06	5:53	5:42	5:18	4:24	4:51	14:03
				1:31:46	1:32:10	0:37	0:24									
10	336	Zafra Cruz Alfonso ORIENTA-GETAFE ORIENTAG	1:33:54	4:40	10:24	13:27	22:45	25:54	50:10	54:22	59:07	1:01:36	1:07:23	1:12:28	1:26:47	1:27:57
				4:40	5:44	3:03	9:18	3:09	24:16	4:12	4:45	2:29	5:47	5:05	14:19	1:10
				1:33:26	1:33:54	0:49	0:28									
11	323	Zoco Lus Iker ORIENTA-GETAFE ORIENTAG	1:34:23	5:53	9:14	11:46	29:04	32:13	47:59	57:47	1:01:02	1:07:49	1:17:43	1:21:10	1:25:38	1:29:08
				5:53	3:21	2:32	17:18	3:09	15:46	9:48	3:15	6:47	9:54	3:27	4:28	3:30
				1:34:04	1:34:23	0:31	0:19									

Pos	Categoría	Nombre	Tiempo	5,4 km 215 m		15 C		(cont.)								
				1(59) 15(100)	2(34) Meta	3(62)	4(78)	5(40)	6(77)	7(42)	8(37)	9(46)	10(38)	11(36)	12(51)	13(41)
20	317	Alonso Domínguez Rodrigo ORIENTA-GETAFA ORIENTAG	1:05:00	5:05 5:05 1:04:39 0:57	6:46 1:41 1:05:00 0:21	10:40 3:54	16:29 5:49	30:11 13:42	31:20 1:09	35:23 4:03	38:16 2:53	42:01 3:45	47:22 5:21	54:46 7:24	57:59 3:13	1:00:01 2:02
21	109	Morales Arquero Juan Ignac BOM BOM	1:08:03	4:10 4:10 1:07:40 0:44	7:07 2:57 1:08:03 0:23	10:47 3:40	16:47 6:00	34:04 17:17	35:45 1:41	38:32 2:47	40:09 1:37	44:27 4:18	51:09 6:42	58:28 7:19	1:02:26 3:58	1:03:36 1:10
22	258	Fernandez Plaza Jose Anton IBERIA IB	1:12:10	4:02 4:02 1:11:37 1:06	5:33 1:31 1:12:10 0:33	10:06 4:33	18:21 8:15	31:03 12:42	32:35 1:32	35:47 3:12	38:12 2:25	43:11 4:59	50:24 7:13	59:21 8:57	1:02:51 3:30	1:06:52 4:01
23	379	Vega Briz Carlos Javier Yelmo Orientació Yelmo-O	1:12:15	4:25 4:25 1:11:45 0:50	6:30 2:05 1:12:15 0:30	10:19 3:49	17:10 6:51	29:28 12:18	31:13 1:45	34:56 3:43	37:38 2:42	42:20 4:42	53:45 11:25	1:01:29 7:44	1:05:06 3:37	1:07:16 2:10
24	303	Manzaneque Esteso Angel L MANZANARES-O MZ-O	1:12:29	4:24 4:24 1:11:52 0:55	6:05 1:41 1:12:29 0:37	10:43 4:38	18:15 7:32	27:41 9:26	29:00 1:19	32:39 3:39	41:23 8:44	45:13 3:50	54:53 9:40	1:02:39 7:46	1:06:09 3:30	1:07:29 1:20
25	248	Valero Rosado Ruben G.O.C.A.N. GOCAN	1:13:37	3:43 3:43 1:13:15 2:33	5:15 1:32 1:13:37 0:22	9:29 4:14	16:37 7:08	28:35 11:58	30:04 1:29	33:35 3:31	35:15 1:40	39:13 3:58	50:40 11:27	59:26 8:46	1:02:08 2:42	1:06:42 4:34
26	300	Salgado Astillero Pedro MANZANARES-O MZ-O	1:14:45	7:10 7:10 1:14:24 0:50	8:42 1:32 1:14:45 0:21	11:58 3:16	18:32 6:34	29:55 11:23	31:05 1:10	34:25 3:20	36:25 2:00	40:39 4:14	59:00 18:21	1:06:05 7:05	1:09:07 3:02	1:10:45 1:38
27	297	Siguenza Clemente Jaime Malarruta Malarruta	1:16:06	3:49 3:49 1:15:44 0:59	5:24 1:35 1:16:06 0:22	13:55 8:31	21:46 7:51	33:31 11:45	35:06 1:35	39:02 3:56	41:21 2:19	45:26 4:05	53:59 8:33	1:01:52 7:53	1:04:43 2:51	1:09:46 5:03
28	238	Fernández Domínguez Lean ESCONDITE NATURE ESCO	1:17:31	3:14 3:14 1:17:13 0:51	5:49 2:35 1:17:31 0:18	14:00 8:11	21:07 7:07	36:46 15:39	38:57 2:11	43:29 4:32	46:15 2:46	51:28 5:13	59:24 7:56	1:05:58 6:34	1:11:42 5:44	1:13:19 1:37
29	103	Rodríguez Gil Carlos Berna BOADILLAVENTURA BOADIL	1:20:19	6:07 6:07 1:19:55 0:59	7:55 1:48 1:20:19 0:24	12:37 4:42	18:56 6:19	32:11 13:15	33:06 0:55	41:49 8:43	47:05 5:16	51:08 4:03	1:01:24 10:16	1:09:33 8:09	1:12:27 2:54	1:13:51 1:24
30	161	Elez Fernandez Carlos Club O-Charlies O-Charlies	1:23:57	6:01 6:01 1:23:37 1:00	9:51 3:50 1:23:57 0:20	16:15 6:24	24:19 8:04	39:36 15:17	40:39 1:03	44:57 4:18	49:39 4:42	53:33 3:54	1:03:17 9:44	1:10:20 7:03	1:13:01 2:41	1:17:01 4:00
31	358	Prieto Meana Julio S.A.D. Tierra Tr Tierra Trága	1:27:59	4:04 4:04 1:27:36 0:54	6:42 2:38 1:27:59 0:23	14:12 7:30	21:21 7:09	37:16 15:55	38:33 1:17	46:00 7:27	48:54 2:54	56:26 7:32	1:06:27 10:01	1:16:20 9:53	1:21:06 4:46	1:23:00 1:54
31		Ignacio Mingorance EntreBalizas EntreBalizas	1:27:59	8:58 8:58 1:27:32 1:06	12:10 3:12 1:27:59 0:27	16:20 4:10	22:42 6:22	40:47 18:05	42:18 1:31	45:10 2:52	52:38 7:28	58:03 5:25	1:07:44 9:41	1:16:33 8:49	1:20:31 3:58	1:22:22 1:51
33	246	Torres Fidalgo Fernando G.O.C.A.N. GOCAN	1:28:11	3:51 3:51 1:27:46 0:50	5:18 1:27 1:28:11 0:25	9:12 3:54	41:23 32:11	49:49 8:26	50:50 1:01	55:41 4:51	1:00:31 4:50	1:03:25 2:54	1:11:43 8:18	1:18:22 6:39	1:20:42 2:20	1:22:30 1:48
34	216	Rivera Rivero Pablo COLMENAR COLMENAR	1:35:40	6:44 6:44 1:35:14 1:10	9:06 2:22 1:35:40 0:26	24:14 15:08	36:17 12:03	50:11 13:54	51:39 1:28	55:44 4:05	59:21 3:37	1:05:35 6:14	1:11:58 6:23	1:20:29 8:31	1:24:46 4:17	1:26:44 1:58
35	223	Rodríguez Gallego Carlos COLMENAR COLMENAR	1:36:26	5:21 5:21 1:35:55 1:07	7:41 2:20 1:36:26 0:31	12:05 4:24	20:03 7:58	32:13 12:10	33:58 1:45	53:07 19:09	1:01:28 8:21	1:06:45 5:17	1:14:57 8:12	1:24:00 9:03	1:28:14 4:14	1:30:37 2:23
36	260	Manget Velasco Chema IBERIA IB	1:36:48	4:17 4:17 1:36:24 0:55	6:46 2:29 1:36:48 0:24	16:03 9:17	22:13 6:10	32:25 10:12	34:59 2:34	44:06 9:07	46:14 2:08	59:34 13:20	1:15:04 15:30	1:25:13 10:09	1:28:27 3:14	1:31:34 3:07
37	145	Guerra Lopez Javier CLUB NAVALCARNER CLUB	1:39:45	5:16 5:16 1:39:27 1:03	8:09 2:53 1:39:45 0:18	12:57 4:48	21:04 8:07	32:57 11:53	35:01 2:04	39:34 4:33	43:37 4:03	51:42 8:05	1:17:10 25:28	1:25:12 8:02	1:29:09 3:57	1:32:26 3:17
38	345	Carreras Zapata Manuel ORIENTE ORIENTE	1:40:09	4:44 4:44 1:39:49 1:33	6:32 1:48 1:40:09 0:20	23:31 16:59	34:32 11:01	46:33 12:01	47:55 1:22	52:15 4:20	55:08 2:53	59:42 4:34	1:17:01 17:19	1:26:27 9:26	1:31:29 5:02	1:33:21 1:52

os	rsal	Nombre	Tiempo	5,4 km 195 m		15 C		(cont.)								
				1(71)	2(62)	3(75)	4(45)	5(77)	6(47)	7(31)	8(46)	9(76)	10(73)	11(36)	12(69)	13(74)
				15(100)	Meta											
M-21A (12)																
7	195	Sánchez Rubal Jesús COLMENAR COLMENAR	1:11:18	3:21	7:02	17:03	19:15	20:39	22:17	27:42	30:19	36:11	41:25	47:36	1:05:43	1:07:52
				3:21	3:41	10:01	2:12	1:24	1:38	5:25	2:37	5:52	5:14	6:11	18:07	2:09
				1:10:56	1:11:18											
				0:51	0:22											
8	284	G. De Villarreal Enzo Malarruta Malarruta	1:17:18	3:09	6:19	21:32	23:14	24:29	26:19	32:33	34:43	38:24	43:38	51:29	1:09:34	1:11:53
				3:09	3:10	15:13	1:42	1:15	1:50	6:14	2:10	3:41	5:14	7:51	18:05	2:19
				1:17:00	1:17:18											
				0:52	0:18											
9	251	De Frutos Coll Luis G.O.C.A.N. GOCAN	1:36:41	3:21	7:24	37:49	40:40	43:15	48:36	54:10	1:00:31	1:05:05	1:12:18	1:21:27	1:25:36	1:31:13
				3:21	4:03	30:25	2:51	2:35	5:21	5:34	6:21	4:34	7:13	9:09	4:09	5:37
				1:36:10	1:36:41											
				1:02	0:31											
385		Pardilla Roque S.A.D. Tierra Tr Tierra Trága	en tarj.	6:06	10:10	32:58	34:24	35:53	37:44	46:33	49:36	-----	-----	1:20:17	1:27:17	1:29:34
				6:06	4:04	22:48	1:26	1:29	1:51	8:49	3:03			30:41	7:00	2:17
				1:33:01	1:33:41											
				0:50	0:40											
236		Carretero Pellicer Pol ESCONDITE NATURE ESCO	andona	8:56	13:10	26:09	32:33	37:37	40:49	-----	-----	-----	-----	1:23:06	-----	1:34:10
				8:56	4:14	12:59	6:24	5:04	3:12					42:17		
				1:39:03	1:39:28											
				1:31	0:25											
230		Martinez Oliver Luis COLMENAR COLMENAR	No sale													
M-40 (28)																
				4,8 km 165 m		15 C										
				1(71)	2(50)	3(32)	4(65)	5(66)	6(48)	7(76)	8(78)	9(73)	10(79)	11(36)	12(69)	13(41)
				15(100)	Meta											
1	86	Diaz Alcaide Samuel Alabarda-O Alabarda-O	38:02	3:50	4:47	6:34	11:55	13:32	18:28	20:35	22:53	23:51	27:38	30:49	33:58	34:35
				3:50	0:57	1:47	5:21	1:37	4:56	2:07	2:18	0:58	3:47	3:11	3:09	0:37
				37:47	38:02											
				0:28	0:15											
2	326	Barcia Hernández José Enri ORIENTA-GETAFE ORIENTAG	46:08	3:57	5:42	7:40	13:46	16:06	22:14	24:35	26:40	27:48	31:40	34:53	40:36	41:23
				3:57	1:45	1:58	6:06	2:20	6:08	2:21	2:05	1:08	3:52	3:13	5:43	0:47
				45:47	46:08											
				0:34	0:21											
3	87	GARNACHO GONZÁLEZ EUS Alabarda-O Alabarda-O	50:47	3:07	4:05	5:52	19:06	21:44	28:12	30:31	32:28	36:02	41:14	44:25	46:49	47:40
				3:07	0:58	1:47	13:14	2:38	6:28	2:19	1:57	3:34	5:12	3:11	2:24	0:51
				50:30	50:47											
				0:29	0:17											
4	327	Pozo Ortiz Juan ORIENTA-GETAFE ORIENTAG	55:26	3:53	5:10	6:58	14:45	16:34	25:04	28:04	33:45	35:14	41:10	44:16	49:07	50:16
				3:53	1:17	1:48	7:47	1:49	8:30	3:00	5:41	1:29	5:56	3:06	4:51	1:09
				55:08	55:26											
				0:34	0:18											
5	348	Toledo Navarro Miguel Áng ORIENTIJOTE ORIENTIJOTE	56:33	5:22	6:33	9:05	17:08	20:27	29:23	32:33	36:15	38:01	42:27	45:57	49:16	50:13
				5:22	1:11	2:32	8:03	3:19	8:56	3:10	3:42	1:46	4:26	3:30	3:19	0:57
				56:08	56:33											
				0:42	0:25											
6	201	Alonso Checa Juanjo COLMENAR COLMENAR	58:06	4:59	6:13	8:16	13:31	15:38	30:44	32:58	35:48	40:39	46:07	49:24	52:42	53:45
				4:59	1:14	2:03	5:15	2:07	15:06	2:14	2:50	4:51	5:28	3:17	3:18	1:03
				57:38	58:06											
				0:40	0:28											
7	290	Díaz Caro Angel Malarruta Malarruta	58:41	4:48	6:07	8:42	15:58	19:24	26:55	30:03	32:42	35:26	40:37	44:41	49:30	50:45
				4:48	1:19	2:35	7:16	3:26	7:31	3:08	2:39	2:44	5:11	4:04	4:49	1:15
				58:19	58:41											
				0:39	0:22											
8	217	Garcia-argudo Candelas Fer COLMENAR COLMENAR	1:01:08	4:03	5:30	8:45	15:25	18:14	26:35	29:49	39:05	40:11	48:12	51:44	55:31	56:44
				4:03	1:27	3:15	6:40	2:49	8:21	3:14	9:16	1:06	8:01	3:32	3:47	1:13
				1:00:48	1:01:08											
				0:42	0:20											
9	222	Castanedo Gallardo Francis COLMENAR COLMENAR	1:07:56	4:00	5:21	10:55	18:58	22:14	28:35	32:09	35:04	41:39	46:40	58:18	1:01:50	1:02:48
				4:00	1:21	5:34	8:03	3:16	6:21	3:34	2:55	6:35	5:01	11:38	3:32	0:58
				1:07:34	1:07:56											
				0:43	0:22											
10	350	Pérez López Jaime S.A.D. Tierra Tr Tierra Trága	1:09:30	4:40	6:31	8:22	32:24	34:34	42:40	45:39	47:50	50:11	53:52	57:07	59:44	1:01:56
				4:40	1:51	1:51	24:02	2:10	8:06	2:59	2:11	2:21	3:41	3:15	2:37	2:12
				1:09:12	1:09:30											
				0:29	0:18											
11	276	Jimenez Jesus Imperdible Imperdible	1:10:00	4:58	6:11	8:18	16:19	18:13	44:30	47:04	49:22	51:15	55:53	59:23	1:05:17	1:05:57
				4:58	1:13	2:07	8:01	1:54	26:17	2:34	2:18	1:53	4:38	3:30	5:54	0:40
				1:09:39	1:10:00											
				0:33	0:21											
12	78	Recio Rodriguez Miguel An A.D.NEMUS NEMUS	1:11:04	3:55	5:25	7:36	14:11	18:21	24:24	30:07	33:07	40:14	45:03	48:54	57:28	58:52
				3:55	1:30	2:11	6:35	4:10	6:03	5:43	3:00	7:07	4:49	3:51	8:34	1:24
				1:10:39	1:11:04											
				0:43	0:25											

os	rsal	Nombre	Tiempo													
M-40 (28)				4,8 km	165 m	15 C		(cont.)								
				1(71)	2(50)	3(32)	4(65)	5(66)	6(48)	7(76)	8(78)	9(73)	10(79)	11(36)	12(69)	13(41)
				15(100)	Meta											
13	240	Dinis Vizcaíno Pablo G.O.C.A.N. GOCAN	1:11:23	4:46	6:23	8:59	19:16	21:59	31:10	42:19	45:24	49:40	56:39	1:01:04	1:05:25	1:06:22
				4:46	1:37	2:36	10:17	2:43	9:11	11:09	3:05	4:16	6:59	4:25	4:21	0:57
				1:11:00	1:11:23											
				1:10	0:23											
14	218	Cano-Cortes Cartagena Ang COLMENAR COLMENAR	1:12:47	4:44	6:46	9:17	19:17	24:46	35:00	39:11	43:10	47:04	55:22	1:00:28	1:06:13	1:06:55
				4:44	2:02	2:31	10:00	5:29	10:14	4:11	3:59	3:54	8:18	5:06	5:45	0:42
				1:12:27	1:12:47											
				0:38	0:20											
15	384	Cejudo Alberto G.O.C.A.N. GOCAN	1:13:37	6:03	7:09	9:50	16:16	17:57	43:45	47:04	49:44	51:04	56:11	59:59	1:03:42	1:09:17
				6:03	1:06	2:41	6:26	1:41	25:48	3:19	2:40	1:20	5:07	3:48	3:43	5:35
				1:13:17	1:13:37											
				0:31	0:20											
16	114	González Castellanos Victor C.D.E Rumbo Madr C.D.E R	1:16:00	4:22	5:56	8:18	15:34	17:14	40:28	43:27	46:08	52:04	56:03	1:05:27	1:09:24	1:10:53
				4:22	1:34	2:22	7:16	1:40	23:14	2:59	2:41	5:56	3:59	9:24	3:57	1:29
				1:15:35	1:16:00											
				0:43	0:25											
17	131	Lastra Martínez Felipe Club Monte El Pa Club Mont	1:18:50	5:15	8:51	17:26	25:15	30:44	38:30	51:45	54:47	58:55	1:04:07	1:08:04	1:11:55	1:13:07
				5:15	3:36	8:35	7:49	5:29	7:46	13:15	3:02	4:08	5:12	3:57	3:51	1:12
				1:18:30	1:18:50											
				0:45	0:20											
18	178	Alvarez Gonzalez Alejandro COLMENAR COLMENAR	1:22:57	5:15	6:39	8:57	16:07	18:47	42:04	45:02	48:16	53:10	1:08:20	1:12:00	1:17:25	1:18:16
				5:15	1:24	2:18	7:10	2:40	23:17	2:58	3:14	4:54	15:10	3:40	5:25	0:51
				1:22:37	1:22:57											
				0:45	0:20											
19	187	Sanchez Sanchez Jesus COLMENAR COLMENAR	1:26:38	5:33	6:49	9:51	17:16	21:07	31:51	42:10	49:11	1:03:32	1:09:09	1:13:28	1:17:05	1:18:25
				5:33	1:16	3:02	7:25	3:51	10:44	10:19	7:01	14:21	5:37	4:19	3:37	1:20
				1:26:17	1:26:38											
				0:50	0:21											
20	376	Morales Duran Ricardo Yelmo Orientació Yelmo-O	1:29:08	7:09	10:20	13:22	35:12	39:17	46:51	52:04	56:35	59:59	1:10:36	1:15:17	1:21:20	1:22:40
				7:09	3:11	3:02	21:50	4:05	7:34	5:13	4:31	3:24	10:37	4:41	6:03	1:20
				1:28:40	1:29:08											
				0:52	0:28											
21	112	Balzategui Perez Juan Pabl C.D.C.E.B.E. C.D.C.E.B.E.	1:33:10	5:28	7:13	12:23	19:46	22:02	57:51	1:02:12	1:08:40	1:10:48	1:16:26	1:20:41	1:25:01	1:25:52
				5:28	1:45	5:10	7:23	2:16	35:49	4:21	6:28	2:08	5:38	4:15	4:20	0:51
				1:32:45	1:33:10											
				0:40	0:25											
22	212	Higueras Fernandez Juan A COLMENAR COLMENAR	1:34:22	5:28	7:00	13:08	29:30	31:22	39:24	55:21	59:40	1:02:40	1:08:30	1:13:26	1:27:50	1:28:39
				5:28	1:32	6:08	16:22	1:52	8:02	15:57	4:19	3:00	5:50	4:56	14:24	0:49
				1:34:04	1:34:22											
				0:41	0:18											
23	356	García Campos Diego S.A.D. Tierra Tr Tierra Trága	1:38:13	5:23	7:50	11:22	20:03	26:26	55:55	59:02	1:02:46	1:10:41	1:18:52	1:23:33	1:28:35	1:30:39
				5:23	2:27	3:32	8:41	6:23	29:29	3:07	3:44	7:55	8:11	4:41	5:02	2:04
				1:37:48	1:38:13											
				0:49	0:25											
24	341	Cogollos Fernández Jesús ORIENTA-GETAFE ORIENTAG	2:04:45	4:49	6:03	8:08	1:08:11	1:10:40	1:22:40	1:26:26	1:32:29	1:34:57	1:49:47	1:54:40	1:58:36	1:59:32
				4:49	1:14	2:05	1:00:03	2:29	12:00	3:46	6:03	2:28	14:50	4:53	3:56	0:56
				2:04:22	2:04:45											
				0:38	0:23											
25	235	Pérez Anaima ESCONDITE NATURE ESCO	2:06:47	34:07	35:25	49:40	1:06:44	1:10:08	1:17:11	1:29:08	1:32:18	1:39:31	1:46:04	1:50:04	1:57:18	1:57:50
				34:07	1:18	14:15	17:04	3:24	7:03	11:57	3:10	7:13	6:33	4:00	7:14	0:32
				2:06:23	2:06:47											
				0:37	0:24											
	394	Jose C Castillo COLMENAR COLMENAR	en tarj.	6:36	7:58	-----	18:20	20:48	1:06:29	1:10:28	1:17:23	1:23:17	1:41:03	1:45:40	1:50:40	1:52:24
				6:36	1:22		10:22	2:28	45:41	3:59	6:55	5:54	17:46	4:37	5:00	1:44
				1:58:18	1:58:43		11:07									
				0:45	0:25		*62									
	338	Diaz Viejo Ricardo ORIENTA-GETAFE ORIENTAG	No sale													
	152	Prieto Jimenez Antonio Club O-Charlies O-Charlies	No sale													
M-45 (7)				4,5 km	130 m	13 C										
				1(59)	2(34)	3(32)	4(80)	5(48)	6(76)	7(38)	8(78)	9(36)	10(51)	11(74)	12(81)	13(100)
1	213	Hermosilla Beraza Marco COLMENAR COLMENAR	44:36	3:36	4:44	8:34	17:47	21:23	24:44	26:24	28:52	35:59	38:37	40:38	43:41	44:14
				3:36	1:08	3:50	9:13	3:36	3:21	1:40	2:28	7:07	2:38	2:01	3:03	0:33
2	84	Yllan Berrocal Pedro Alabarda-O Alabarda-O	56:59	4:41	7:32	12:48	22:21	25:32	33:09	35:08	39:23	47:55	50:59	53:49	55:51	56:33
				4:41	2:51	5:16	9:33	3:11	7:37	1:59	4:15	8:32	3:04	2:50	2:02	0:42
3	288	Prieto Garcia Jose Manuel Malarruta Malarruta	57:20	4:05	5:33	9:51	19:52	22:03	28:24	35:02	38:15	46:50	50:28	54:07	56:22	56:58
				4:05	1:28	4:18	10:01	2:11	6:21	6:38	3:13	8:35	3:38	3:39	2:15	0:36
4	301	González Ballesteros José A MANZANARES-O MZ-O	1:07:43	4:13	6:18	10:23	24:59	27:16	34:50	37:06	45:59	54:31	58:42	1:02:18	1:06:35	1:07:19
				4:13	2:05	4:05	14:36	2:17	7:34	2:16	8:53	8:32	4:11	3:36	4:17	0:44
5	263	Prieto Garcia Jose Maria IBERIA IB	1:15:24	14:16	16:41	20:15	34:49	36:39	41:27	43:45	53:51	1:03:21	1:07:32	1:11:05	1:14:02	1:15:04
				14:16	2:25	3:34	14:34	1:50	4:48	2:18	10:06	9:30	4:11	3:33	2:57	1:02
6	101	Aranzúbia Grijalba BOADILLAVENTURA BOADIL	1:55:45	12:02	15:03	27:49	1:00:52	1:06:48	1:10:24	1:12:29	1:20:59	1:29:46	1:43:22	1:49:46	1:54:12	1:55:20
				12:02	3:01	12:46	33:03	5:56	3:36	2:05	8:30	8:47	13:36	6:24	4:26	1:08

Pos	Clas	Nombre	Equipo	Tiempo	4,5 km	130 m	13 C	(cont.)									
					1(59)	2(34)	3(32)	4(80)	5(48)	6(76)	7(38)	8(78)	9(36)	10(51)	11(74)	12(81)	13(100)
M-45 (7)																	
	160	Velasco Villacañas Jose Alb	Club O-Charlies O-Charlies	andona	5:47	15:08	20:50	-----	-----	-----	-----	-----	1:31:23	1:36:26	1:41:20	1:44:19	1:45:11
					5:47	9:21	5:42						1:10:33	5:03	4:54	2:59	0:52
M-50 (21)																	
					1(59)	2(50)	3(62)	4(78)	5(80)	6(76)	7(38)	8(73)	9(36)	10(51)	11(41)	12(81)	13(100)
1	375	Pär Norén	Vännäs OK Vännäs OK	37:22	4:36	7:46	10:07	15:29	17:45	19:48	21:04	22:13	28:51	31:43	33:25	36:21	37:01
2	295	Wirén Mikael	Malarruta Malarruta	39:45	4:32	6:48	9:17	14:31	17:23	20:04	21:47	24:52	31:41	34:10	35:40	38:47	39:21
3	241	Corral Martinez Jose Fermi	G.O.C.A.N. GOCAN	45:24	3:31	5:23	7:56	14:46	17:37	20:36	22:06	30:12	36:56	39:44	41:38	44:29	45:03
4	128	Alba Paredes José Vicente	Club Monte El Pa Club Mont	46:21	4:30	6:52	9:42	18:08	22:01	24:15	25:57	29:12	35:55	38:56	40:42	45:31	46:02
5	120	Castañeres Sanchez Desider	C.D.E Rumbo Madr C.D.E R	47:37	4:58	7:55	10:40	17:03	21:32	25:27	28:33	31:02	38:00	41:00	42:47	46:36	47:15
6	387	Fernandez Arriaga Jose Feli	Imperdible Imperdible	47:52	4:59	7:34	10:05	23:01	25:57	28:35	30:18	32:42	39:49	42:43	43:56	46:57	47:30
7	175	Saz Alcubierre Luis Fernan	Club Sotobosque Sotobosq	50:54	3:57	6:22	9:06	16:10	20:47	23:34	28:29	30:49	38:10	42:07	44:22	49:55	50:34
8	192	Cermeño Hernandez Jose M	COLMENAR COLMENAR	53:33	4:55	7:45	10:40	17:18	28:11	31:17	32:58	36:36	44:36	47:25	49:00	52:29	53:13
9	343	Troncoso Sánchez Nicolás	ORIENTA-GETAFA ORIENTAG	55:05	5:25	7:52	11:13	21:14	26:17	30:18	32:05	36:45	44:48	47:58	49:30	54:00	54:46
10	79	Vera Jimenez Jose Antonio	ADYRON ADYRON	55:13	5:26	8:38	11:16	17:33	26:54	30:34	32:26	36:53	44:48	49:01	50:12	54:12	54:52
11	231	Estraviz Castro Jose Angel	COLMENAR COLMENAR	57:07	4:03	8:22	11:07	18:29	26:13	28:39	30:04	40:31	47:56	51:07	52:21	55:53	56:46
12	80	Escudero Sánchez Eduardo	Alabarda-O Alabarda-O	57:53	5:13	7:41	17:59	25:25	30:12	33:18	35:17	37:47	46:21	50:44	52:57	56:52	57:29
13	142	Martin Miranda Vicente	Club Monte El Pa Club Mont	1:02:12	5:16	12:37	15:56	24:49	28:47	32:26	35:58	38:25	48:04	52:22	54:18	1:00:06	1:01:23
14	206	Mardomingo Mardomingo J	COLMENAR COLMENAR	1:06:16	4:22	11:25	17:33	29:27	34:30	40:02	42:33	45:28	54:53	59:18	1:00:45	1:04:54	1:05:39
15	141	Perez Herrero Manuel	Club Monte El Pa Club Mont	1:06:46	6:22	8:53	12:27	21:23	25:10	28:59	34:22	47:53	56:09	59:48	1:01:34	1:05:39	1:06:21
16	321	Gomez Marin Pedro Jose	ORIENTA-GETAFA ORIENTAG	1:11:37	5:04	10:04	13:24	27:25	32:15	36:13	39:52	47:48	57:34	1:02:15	1:04:37	1:10:27	1:11:12
17	154	Zorrilla Manzano Luis Anto	Club O-Charlies O-Charlies	1:14:32	4:54	12:07	15:03	22:53	38:03	43:15	46:30	53:54	1:04:10	1:08:03	1:09:48	1:13:37	1:14:11
18	104	Aparicio Azcárraga Rafael	BOADILLAVENTURA BOADIL	1:17:22	4:20	7:29	18:11	24:49	29:55	33:07	37:24	40:11	47:37	50:49	1:10:38	1:15:55	1:17:03
					1:00:58												
					*69												
19	185	Gutiérrez Justo José Eugen	COLMENAR COLMENAR	1:29:07	9:19	14:20	18:13	33:16	39:10	42:34	45:26	49:08	1:00:24	1:05:54	1:09:49	1:27:25	1:28:33
20	266	Lumbreras María Teresa	IBERIA IB	2:10:46	8:11	13:03	18:03	49:27	1:14:16	1:21:56	1:29:45	1:41:43	1:53:43	2:01:18	2:03:26	2:09:37	2:10:14
21	265	Lopez Fabian	IBERIA IB	2:12:44	9:56	15:00	20:19	51:23	1:16:43	1:23:51	1:35:09	1:42:57	1:55:47	2:02:23	2:05:18	2:11:33	2:12:14
					9:56	5:04	5:19	31:04	25:20	7:08	11:18	7:48	12:50	6:36	2:55	6:15	0:41
M-55 (8)																	
					1(71)	2(50)	3(78)	4(38)	5(49)	6(79)	7(36)	8(72)	9(74)	10(70)	11(100)	Meta	
1	331	Sánchez Montoro Andrés	ORIENTA-GETAFA ORIENTAG	35:57	5:10	6:20	12:52	16:19	20:13	23:28	27:44	31:41	32:45	34:04	35:32	35:57	
2	115	García Pajuelo Jesus	C.D.E Rumbo Madr C.D.E R	36:35	4:59	6:37	13:38	16:28	21:03	24:21	28:46	32:41	33:51	35:08	36:10	36:35	
3	253	Gomez Rodriguez Juan Ant	G.O.C.A.N. GOCAN	38:25	4:15	5:49	13:53	17:35	22:26	25:14	30:11	34:04	35:42	36:53	37:59	38:25	
4	138	Nuñez Martin Juan Manuel	Club Monte El Pa Club Mont	40:26	3:48	6:46	13:00	16:20	27:03	29:39	33:22	36:51	37:58	39:06	40:05	40:26	
5	81	Cobas José Luis	Alabarda-O Alabarda-O	43:44	5:38	7:42	16:15	19:36	24:06	28:45	34:29	38:43	39:54	41:09	43:17	43:44	
6	107	Murua Braseró Miguel Angel	BOM BOM	46:24	4:51	7:35	15:31	20:28	25:26	28:57	32:57	41:05	42:57	44:43	46:02	46:24	
7	102	Gómez Gómez Jesús	BOADILLAVENTURA BOADIL	52:10	5:49	7:54	17:10	21:12	26:13	37:56	42:54	47:19	48:19	49:58	51:45	52:10	
					5:49	2:05	9:16	4:02	5:01	11:43	4:58	4:25	1:00	1:39	1:47	0:25	
	111	Colinas Sala Luis Javier	C.D.C.E.B.E. C.D.C.E.B.E.	en tarj.	17:44	18:42	52:38	1:06:02	1:11:19	-----	1:28:55	1:36:44	1:37:59	1:40:54	1:42:12	1:42:38	
					17:44	0:58	33:56	13:24	5:17	-----	17:36	7:49	1:15	2:55	1:18	0:26	
M-60 (2)																	
					1(68)	2(64)	3(63)	4(58)	5(62)	6(79)	7(36)	8(54)	9(70)	10(81)	11(100)	Meta	
1	133	Zafra Moises	Club Monte El Pa Club Mont	38:07	3:08	8:56	12:07	15:17	16:56	23:51	28:47	32:00	34:56	36:56	37:44	38:07	
2	250	De Frutos Javier	G.O.C.A.N. GOCAN	50:23	7:35	10:24	13:31	16:53	20:06	25:06	31:37	34:58	46:11	49:19	49:54	50:23	
					7:35	2:49	3:07	3:22	3:13	5:00	6:31	3:21	11:13	3:08	0:35	0:29	

os	rsal	Nombre	Tiempo	6,4 km 215 m		16 C											
				1(34)	2(32)	3(40)	4(45)	5(33)	6(43)	7(44)	8(47)	9(37)	10(48)	11(38)	12(36)	13(51)	
				15(53)	16(100)	Meta											
1	122	Martínez Pérez Antonio CEColivenc Colivenc	33:44	2:35	4:42	11:09	11:42	14:22	15:13	16:36	18:37	19:28	22:07	24:14	28:42	30:18	
				2:35	2:07	6:27	0:33	2:40	0:51	1:23	2:01	0:51	2:39	2:07	4:28	1:36	
				32:51	33:28	33:44											
				1:14	0:37	0:16											
2	299	Ludvig Åhlund Malungs OK Skogs Malungs	35:48	2:33	4:54	12:06	12:39	15:11	15:58	17:30	19:22	20:02	23:00	25:31	30:23	32:15	
				2:33	2:21	7:12	0:33	2:32	0:47	1:32	1:52	0:40	2:58	2:31	4:52	1:52	
				34:54	35:32	35:48											
				1:12	0:38	0:16											
3	121	Blanes Reig Andreu CEColivenc Colivenc	35:57	2:32	4:48	11:04	11:38	14:11	15:11	16:38	18:50	19:41	22:51	25:30	30:09	32:31	
				2:32	2:16	6:16	0:34	2:33	1:00	1:27	2:12	0:51	3:10	2:39	4:39	2:22	
				35:06	35:42	35:57											
				1:12	0:36	0:15											
4	389	Nogueira Luis Independiente Independient	38:52	2:51	5:14	13:29	14:00	16:27	17:25	19:05	21:22	22:05	25:06	27:40	33:06	35:00	
				2:51	2:23	8:15	0:31	2:27	0:58	1:40	2:17	0:43	3:01	2:34	5:26	1:54	
				37:57	38:36	38:52											
				1:20	0:39	0:16											
5	406	Ahlswede Greg ESCONDITE NATURE ESCO	39:06	2:42	5:02	12:01	12:40	15:31	16:36	18:14	20:41	21:34	25:01	28:05	33:21	35:09	
				2:42	2:20	6:59	0:39	2:51	1:05	1:38	2:27	0:53	3:27	3:04	5:16	1:48	
				38:07	38:48	39:06											
				1:24	0:41	0:18											
6	298	Martin Hederskog Malungs OK Skogs Malungs	40:08	2:40	5:08	12:36	13:20	16:06	17:01	18:39	20:53	22:02	26:18	28:58	34:03	36:13	
				2:40	2:28	7:28	0:44	2:46	0:55	1:38	2:14	1:09	4:16	2:40	5:05	2:10	
				39:11	39:52	40:08											
				1:21	0:41	0:16											
7	366	Robert Wallsten Tullinge SK Tullinge SK	40:18	3:00	5:29	13:24	14:04	16:41	17:46	20:02	22:11	23:12	26:44	29:16	34:39	36:29	
				3:00	2:29	7:55	0:40	2:37	1:05	2:16	2:09	1:01	3:32	2:32	5:23	1:50	
				39:19	40:00	40:18											
				1:21	0:41	0:18											
8	309	Assar Hellström OK Ravinen OK Ravinen	40:54	2:42	5:06	12:47	13:22	16:37	17:40	19:30	21:46	22:40	25:55	28:40	34:36	36:54	
				2:42	2:24	7:41	0:35	3:15	1:03	1:50	2:16	0:54	3:15	2:45	5:56	2:18	
				40:02	40:39	40:54											
				1:26	0:37	0:15											
9	371	Niclas Sundkvist Tullinge SK Tullinge SK	42:32	2:32	5:07	14:27	15:12	17:42	18:39	20:31	22:33	24:24	27:49	30:44	36:16	38:31	
				2:32	2:35	9:20	0:45	2:30	0:57	1:52	2:02	1:51	3:25	2:55	5:32	2:15	
				41:39	42:17	42:32											
				1:22	0:38	0:15											
10	274	Minguez Viñambres Alberto Imperdible Imperdible	42:51	3:05	5:40	14:51	15:36	18:25	19:23	21:15	23:30	24:12	27:53	30:25	35:59	37:58	
				3:05	2:35	9:11	0:45	2:49	0:58	1:52	2:15	0:42	3:41	2:32	5:34	1:59	
				41:45	42:33	42:51											
				1:35	0:48	0:18											
11	256	Hugo Dahlberg Haninge SOK Haninge SOK	44:27	2:57	5:36	14:08	14:45	18:09	19:18	21:12	23:54	25:02	29:20	32:13	37:27	39:42	
				2:57	2:39	8:32	0:37	3:24	1:09	1:54	2:42	1:08	4:18	2:53	5:14	2:15	
				43:33	44:11	44:27											
				1:41	0:38	0:16											
12	316	Georg Eklöv OK Södertörn OK Södertörn	45:04	3:17	6:09	14:35	15:15	18:14	20:55	22:41	25:23	26:13	31:08	33:49	38:59	41:20	
				3:17	2:52	8:26	0:40	2:59	2:41	1:46	2:42	0:50	4:55	2:41	5:10	2:21	
				44:14	44:49	45:04											
				1:10	0:35	0:15											
13	313	Josh Beech OK Södertörn OK Södertörn	46:53	2:50	6:36	14:26	15:06	17:45	18:50	21:04	27:06	28:04	32:44	35:26	40:51	42:49	
				2:50	3:46	7:50	0:40	2:39	1:05	2:14	6:02	0:58	4:40	2:42	5:25	1:58	
				45:57	46:37	46:53											
				1:26	0:40	0:16											
14	117	Rodríguez Macías Miguel An C.D.E Rumbo Madr C.D.E R	47:22	4:10	7:06	15:45	16:27	19:12	20:27	23:53	26:06	26:58	32:39	35:24	40:53	42:52	
				4:10	2:56	8:39	0:42	2:45	1:15	3:26	2:13	0:52	5:41	2:45	5:29	1:59	
				46:15	47:02	47:22											
				1:27	0:47	0:20											
15	370	Oskar Forsberg Tullinge SK Tullinge SK	47:57	2:54	5:37	13:22	14:03	16:51	17:50	21:13	23:22	24:43	30:49	33:51	39:06	43:30	
				2:54	2:43	7:45	0:41	2:48	0:59	3:23	2:09	1:21	6:06	3:02	5:15	4:24	
				47:00	47:42	47:57											
				1:24	0:42	0:15											
16	315	Linus Backlund OK Södertörn OK Södertörn	48:02	3:07	5:46	13:30	14:16	17:02	18:11	19:58	22:30	24:35	29:26	35:13	40:25	42:27	
				3:07	2:39	7:44	0:46	2:46	1:09	1:47	2:32	2:05	4:51	5:47	5:12	2:02	
				47:10	47:47	48:02											
				1:32	0:37	0:15											
17	172	Bustillo Ruiz Alfonso CLUB RIOJANO DE CRON	48:22	3:25	6:19	14:07	14:47	17:35	18:41	20:45	23:29	25:08	29:20	35:27	41:41	43:46	
				3:25	2:54	7:48	0:40	2:48	1:06	2:04	2:44	1:39	4:12	6:07	6:14	2:05	
				47:15	48:02	48:22											
				1:37	0:47	0:20											
18	100	Christian Redtzer Attunda OK Attunda OK	49:20	3:12	6:11	16:38	17:21	21:15	22:26	24:44	26:46	27:47	32:21	37:46	43:17	45:27	
				3:12	2:59	10:27	0:43	3:54	1:11	2:18	2:02	1:01	4:34	5:25	5:31	2:10	
				48:20	49:02	49:20											
				1:14	0:42	0:18											
19	136	Benavente Para Alvaro Club Monte El Pa Club Mont	49:25	2:50	5:27	13:41	14:27	17:57	19:01	20:59	23:52	29:06	34:17	37:29	42:36	44:30	
				2:50	2:37	8:14	0:46	3:30	1:04	1:58	2:53	5:14	5:11	3:12	5:07	1:54	
				48:26	49:08	49:25											
				2:20	0:42	0:17											

os	rsal	Nombre	Tiempo													
M-E (40)				6,4 km 215 m		16 C		(cont.)								
				1(34)	2(32)	3(40)	4(45)	5(33)	6(43)	7(44)	8(47)	9(37)	10(48)	11(38)	12(36)	13(51)
				15(53)	16(100)	Meta										
20	388	Fuente Pedro Imperdible Imperdible	50:07	4:49	7:16	16:19	16:54	20:01	21:13	22:59	25:26	26:43	32:14	36:29	42:24	45:33
				4:49	2:27	9:03	0:35	3:07	1:12	1:46	2:27	1:17	5:31	4:15	5:55	3:09
				49:13	49:52	50:07										
				1:37	0:39	0:15										
21	306	Albin Andersson OK Ravinen OK Ravinen	51:09	2:54	5:40	14:08	14:40	17:18	18:18	20:57	23:20	29:43	34:32	39:47	44:48	47:19
				2:54	2:46	8:28	0:32	2:38	1:00	2:39	2:23	6:23	4:49	5:15	5:01	2:31
				50:12	50:50	51:09										
				1:12	0:38	0:19										
22	292	Gil Rodriguez Carlos Malarruta Malarruta	51:49	3:05	6:39	15:25	16:19	19:12	20:26	22:24	26:53	28:19	34:04	37:36	43:20	46:11
				3:05	3:34	8:46	0:54	2:53	1:14	1:58	4:29	1:26	5:45	3:32	5:44	2:51
				50:52	51:33	51:49										
				1:43	0:41	0:16										
23	279	Benjamin Langerak Järfälla OK Järfälla OK	53:20	3:38	6:34	16:19	17:00	21:56	23:04	25:27	28:12	31:33	36:11	39:36	45:41	48:22
				3:38	2:56	9:45	0:41	4:56	1:08	2:23	2:45	3:21	4:38	3:25	6:05	2:41
				52:16	53:05	53:20										
				1:53	0:49	0:15										
24	307	Lukas Hellgren OK Ravinen OK Ravinen	53:24	3:11	6:01	16:06	16:44	19:58	21:18	23:19	25:56	32:04	36:46	40:11	46:02	48:23
				3:11	2:50	10:05	0:38	3:14	1:20	2:01	2:37	6:08	4:42	3:25	5:51	2:21
				52:22	53:06	53:24										
				1:30	0:44	0:18										
25	367	Olle Skog Tullinge SK Tullinge SK	53:45	2:58	5:55	14:46	15:28	18:36	19:39	21:31	25:17	26:32	30:37	37:15	43:13	49:14
				2:58	2:57	8:51	0:42	3:08	1:03	1:52	3:46	1:15	4:05	6:38	5:58	6:01
				52:46	53:27	53:45										
				1:42	0:41	0:18										
26	123	Vila Sempere Oscar CEColivenc Colivenc	53:51	3:27	6:40	15:24	16:08	19:36	20:59	23:34	27:25	28:35	33:21	38:21	45:26	48:04
				3:27	3:13	8:44	0:44	3:28	1:23	2:35	3:51	1:10	4:46	5:00	7:05	2:38
				52:33	53:27	53:51										
				2:11	0:54	0:24										
27	118	Arranz Muñoz Rafael C.D.E Rumbo Madr C.D.E R	55:12	4:09	7:10	17:17	18:20	24:10	25:26	27:26	29:58	31:00	36:02	39:42	47:02	49:38
				4:09	3:01	10:07	1:03	5:50	1:16	2:00	2:32	1:02	5:02	3:40	7:20	2:36
				54:01	54:52	55:12										
				2:15	0:51	0:20										
28	257	Egil Morast Haninge SOK Haninge SOK	57:56	3:04	5:38	13:42	14:30	26:57	27:49	31:16	33:30	34:43	40:48	43:55	49:05	53:38
				3:04	2:34	8:04	0:48	12:27	0:52	3:27	2:14	1:13	6:05	3:07	5:10	4:33
				56:59	57:41	57:56										
				1:24	0:42	0:15										
29	362	Tobias Karlsson Snättringe SK Snättringe S	1:00:35	3:46	6:48	15:30	16:28	19:29	20:44	23:21	26:35	28:36	36:23	46:12	52:22	54:33
				3:46	3:02	8:42	0:58	3:01	1:15	2:37	3:14	2:01	7:47	9:49	6:10	2:11
				59:35	1:00:19	1:00:35										
				1:48	0:44	0:16										
30	193	Oliver Sáez Jesus COLMENAR COLMENAR	1:02:28	4:06	6:49	16:16	17:15	23:49	24:43	26:31	29:35	35:02	42:20	46:48	53:44	56:59
				4:06	2:43	9:27	0:59	6:34	0:54	1:48	3:04	5:27	7:18	4:28	6:56	3:15
				1:01:21	1:02:11	1:02:28										
				2:03	0:50	0:17										
31	226	Oliver Saez Luis Emilio COLMENAR COLMENAR	1:07:40	4:37	8:03	18:57	19:49	23:21	28:23	30:29	37:24	38:55	44:30	50:03	56:55	1:02:13
				4:37	3:26	10:54	0:52	3:32	5:02	2:06	6:55	1:31	5:35	5:33	6:52	5:18
				1:06:42	1:07:24	1:07:40										
				2:00	0:42	0:16										
32	243	Recio Pisón Borja G.O.C.A.N. GOCAN	1:07:48	3:30	6:23	15:55	17:08	21:09	22:21	24:53	33:13	34:00	42:25	49:16	55:28	1:02:42
				3:30	2:53	9:32	1:13	4:01	1:12	2:32	8:20	0:47	8:25	6:51	6:12	7:14
				1:06:46	1:07:30	1:07:48										
				2:22	0:44	0:18										
33	374	Karl Bengtsson Umeå OK Umeå OK	1:09:37	4:49	7:54	16:24	17:13	20:21	21:33	23:32	26:48	27:53	52:53	55:44	1:02:14	1:04:21
				4:49	3:05	8:30	0:49	3:08	1:12	1:59	3:16	1:05	25:00	2:51	6:30	2:07
				1:08:28	1:09:15	1:09:37										
				1:32	0:47	0:22										
34	139	Carretero González David Club Monte El Pa Club Mont	1:11:11	3:42	6:23	18:00	18:52	22:12	27:11	29:37	43:29	44:57	51:32	55:41	1:02:21	1:05:10
				3:42	2:41	11:37	0:52	3:20	4:59	2:26	13:52	1:28	6:35	4:09	6:40	2:49
				1:09:57	1:10:51	1:11:11										
				2:31	0:54	0:20										
35	96	Cano López Antonio Jesús Alabarda-O Alabarda-O	1:15:39	4:21	10:03	23:14	24:22	28:12	29:41	31:47	39:38	45:15	54:34	58:55	1:06:18	1:09:37
				4:21	5:42	13:11	1:08	3:50	1:29	2:06	7:51	5:37	9:19	4:21	7:23	3:19
				1:14:27	1:15:17	1:15:39										
				2:30	0:50	0:22										
311	Sixten Walheim OK Rodhen OK Rodhen	en tarj.	3:40	6:01	18:25	21:54	25:31	-----	30:41	32:47	33:44	37:10	42:05	48:24	50:25	
				3:40	2:21	12:24	3:29	3:37	-----	5:10	2:06	0:57	3:26	4:55	6:19	2:01
				54:04	54:45	55:02										
				1:32	0:41	0:17										
188	Fernandez Casas David COLMENAR COLMENAR	en tarj.	4:19	7:36	18:56	19:31	27:40	28:51	32:30	35:42	36:43	-----	-----	1:13:14	1:16:01	
				4:19	3:17	11:20	0:35	8:09	1:11	3:39	3:12	1:01	-----	-----	36:31	2:47
				1:24:13	1:25:05	1:25:29										
				2:25	0:52	0:24										
369	Lukas Arkäng Tullinge SK Tullinge SK	andona	4:18	7:40	17:09	18:03	21:42	-----	-----	-----	-----	-----	-----	1:05:41	1:10:18	
				4:18	3:22	9:29	0:54	3:39	-----	-----	-----	-----	-----	-----	43:59	4:37
				1:14:33	1:15:17	1:15:34										
				1:41	0:44	0:17										

os	rsal	Nombre	Tiempo													
OPEN-ROJO (21)				3,6 km 90 m			16 C			<i>(cont.)</i>						
				1(64)	2(71)	3(50)	4(63)	5(62)	6(49)	7(79)	8(68)	9(52)	10(36)	11(54)	12(74)	13(70)
				15(81)	16(100)	Meta										
15	74	Andrés Vnuk González No Federado Sin Club	1:57:01	9:13	16:58	21:44	32:17	36:57	43:26	1:00:20	1:09:47	1:17:48	1:22:00	1:31:41	1:42:45	1:46:44
				9:13	7:45	4:46	10:33	4:40	6:29	16:54	9:27	8:01	4:12	9:41	11:04	3:59
				1:53:21	1:56:08	1:57:01										
				1:26	2:47	0:53										
16	54	Biljana Kojadinovic Kuko No Federado Sin Club	2:00:21	10:12	14:33	18:13	25:10	32:09	56:48	1:13:49	1:20:37	1:29:20	1:32:19	1:37:55	1:50:31	1:53:52
				10:12	4:21	3:40	6:57	6:59	24:39	17:01	6:48	8:43	2:59	5:36	12:36	3:21
				1:58:02	1:59:28	2:00:21										
				1:10	1:26	0:53										
36		Antonio López García No Federado Sin Club	andona	28:42	38:32	41:17	48:07	50:53	1:15:31	-----	-----	-----	-----	-----	-----	-----
				28:42	9:50	2:45	6:50	2:46	24:38							
				-----	-----	1:38:52										
						23:21										
144		Rubio Villar Jesus Alfonso Club Monte El Pa Club Mont	No sale													
40		DANIEL IZQUIERDO PINILL No Federado Sin Club	No sale													
33		DANIEL RODRIGUEZ DE LA No Federado Sin Club	No sale													
62		Alberto Gonzalez Vizcain No Federado Sin Club	No sale													